November

Aging Ahead- Quad Cities

1511 Park Drive, Crystal City, MO 63019

636-937-8333

2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bingo *Theme: White Elephant* *10:00-11:00* *bring $3 or 2 prizes* BINGO	**3** ***SUPPORT COMMITTEE MEETING*** ***9:30-10:30*** *Exercise with Faith* 10:30-11:30	**4** Board Games and Rumicub 9:30-12:30	**5** **Crafts with Shelley** *9:30-11:30*  RESERVATIONS REQUIRED	**6** *Virtual Fitness* 9:00-9:30 **Hugs & Mugs** **coffee talk** **Ask your neighbor game** **9:30-10:30**
9 *Bingo* *Theme: Anything Goes* *10:00-11:00* *bring $3 or 2 prizes* BINGO	**10** *Exercise with Faith* *10:30-11:30* 	**11** **Movie Day** Meet Me in St. Louis 	**12**  **Holiday Card making for the homebound** **9:30-11:30**	**13** *Virtual Fitness* 9:00-9:30  **9:30-10:30**
16 *Bingo* *Theme: Pantry* *10:00-11:00* *bring $3 or 2 prizes* BINGO	**17** *Exercise with Faith* *10:30-11:30* 	**18** **Painting with Joy** **9:30-11:30**  ***RESERVATIONS REQUIRED***	**19** ***BINGO*** *with Autumn Ridge* *10:00-11:00* BINGO	**20** *Virtual Fitness* 9:00-9:30 ***Birthday Party*** ***10:00-11:00***
23 *Bingo* *Theme: Snack Attack* *10:00-11:00* *bring $3 or 2 prizes* BINGO	**24** *Exercise with Faith* *10:30-11:30* 	**25** Non-denominational Bible Study 9:30-10:30 	**26** 	**27** 
30 *Bingo* *Theme: White Elephant* *10:00-11:00* *bring $3 or 2 prizes* BINGO		**Lunch is served daily 11:30** ***The suggested donation for all senior meals is $8.00*** ***All donations are appreciated***	*ALL ACTIVITIES SUBJECT TO CHANGE*	

Center hours of operation
Monday through Friday
9:00 am - 1:00 pm