November 2026

AGING AHEAD
Supporting the journey.

Wentzville, 500 Great Oaks Blvd. -(LUNCH RESERVATIONS REQUIRED BY THE WEDNESDAY THE WEEK BEFORE)- PLEASE CALL 636.327.8720-
Lunch is served at 11:30 am Menu Subject to Change. Milk served with all meals.

Monday	Tuesday	Wednesday	Thursday	Friday
2 **NO LUNCH**	3 Country Fried Steak w/ Gravy Mashed Potatoes Veg Blend Raspberries Roll & Rice Crispy Treat	4 Crab Salad on Croissant Veg & Dip Tomato Wedge Strawberries	5 **NO LUNCH**	6 BBQ Burger on WG Bun Scalloped Potatoes Black-eyed Peas Banana Pudding
9 **NO LUNCH**	10 Lemon Pepper Tilapia Diced Potatoes Glazed Carrots Banana Nutra grain Bar & Roll	11 Spaghetti w/ Meatballs Broccoli Blueberries Bread Stick	12 **NO LUNCH**	13 BBQ Chicken on Bun Diced Sweet Potatoes Green Beans Peaches
16 **NO LUNCH**	17 Mushroom Swiss Burger on WG Bun Potato Salad Carrots & Dip Mandarin Oranges	18 Brown Sugar & Garlic Pork Loin Brussel Sprouts Root Veg Fruit Cocktail WG Cookie & Breadstick	19 **NO LUNCH**	20 Fish & Chips Coleslaw Stewed Apples Hush Puppies WG Cookie
23 **NO LUNCH**	24 Pulled Pork Sandwich Sweet Potato Tots Veg Blend Peaches	25 Sliced Turkey Corn Bread Stuffing Cranberry Sauce, Corn Mashed Potatoes & Gravy Roll & Pears	26 **CENTER CLOSED** **Happy Thanksgiving!**	27 **CENTER CLOSED** **Happy Thanksgiving!**
30 **NO LUNCH**				**60 and Over suggested donation of $8.00** **Under 60 years of age required to pay $12.00**