November

Tri County Community Senior Center

800 West Union St. Pacific, MO

Please call by 9 AM Lunch at 11:30 636-257-6264

2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 ***Beef Corn & Potato Stew*** *3 oz Ground beef simmered w/ 8 oz sweet corn & diced carrots 2 oz tender potatoes. Cornbread, Crackers, & Apples*	**3** **CLOSED FOR** ***VOTING DAY!!***	**4** **Stuffed Pepper Soup** *3 oz ground beef w/ 4 oz rice 8 oz serving of peppers & tomato soup base w/ a roll Cornbread, Crackers, & Oranges*	**5** **Veterans Day Celebration** *Fried Chicken Mashed Potatoes / Gravy Green Beans Cole Slaw, Pineapples & Biscuit*	**6** **Creamy Broccoli & Chicken Pasta** *3 oz bite size chicken, 8 oz broccoli tossed w/ 4 oz egg noodles in a light cheese sauce Warm Bread, Crackers, & Peaches*
9 **Chicken & Rice Bake** *3 oz. shredded chicken baked in low-sodium broth w/ 8 oz peas & carrots over 4 oz soft rice Warm Bread & Pears*	**10** **Creamy Pork & Rice Skillet** *3 oz. diced pork loin simmered w/ 8 oz broccoli & mushrooms over 4 oz brown rice Cornbread & Pineapples*	**11** **Classic Shepherd's Pie** *3 oz ground beef, 8 oz mix peas, carrots, & corn topped w/ 2 oz mashed pototoes Biscuit, Crackers, & Apples*	**12** **Turkey & Butternut Squash** *3 oz shredded turkey, 8 oz crushed tomatoes & sweet peppers over 2 oz roasted butternut squash Cornbread, Crackers, & Oranges*	**13** **Beef & Veggie Goulash** *3 oz beef stewed w/ 8 oz diced tomatoes, onions, bell peppers over 4 oz egg noodles Warm Bread & Fruit Cocktail*
16 **Beef & Macaroni Skillet** *3 oz ground beef mixed w/ 8 oz diced tomatoes, zucchini, and 4 oz pasta Warm Bread & Peaches*	**17** **Hearty Chicken & Veg Soup** *3 oz shredded chicken w/ 8 oz carrots, celery, & tomatoes w/ 4 oz egg noodles Cornbread, Crackers, & Pears*	**18** **Crustless Turkey Pot Pie** *3 oz turkey & 8 oz mixed veggies baked in savory gravy, topped w/ 4 oz biscuit pieces Warm Bread & Cranberries*	**19** **Chamber/Commerce Lunch** *BBQ Pulled Pork Sandwich Baked Potato Bar Green Beans Cole Slaw Mixed Fruit Salad*	**20** **Mild Sausage & Orzo Skillet** *3 oz. mild country sausage 8 oz. chopped spinach & tomatoes w/ 4 oz orzo Biscuit & Apples*
23 **Cheesy Beef Enchilada Bake** *3 oz ground beef layered w/ 8 oz mild green chilies, corn, beans, and tortillas w/ Tortilla Chips & Oranges*	**24** **Lemon Chicken & Broccoli** *3 oz pulled chicken simmered w/ 8 oz broccoli & carrots in a zesty broth over 4 oz egg noodles Rolls & Fresh Mixed Fruit*	**25** **Pre-Thanksgiving Feast Casserole** *3 oz. layered pulled turkey, 8 oz green beans & carrots over 4 oz cornbread stuffing Warm Bread & Cranberries*	**26** **CLOSED! HAPPY THANKSGIVING**	**27** **CLOSED! HAPPY THANKSGIVING**
30 **Creamy Chicken & Broccoli Rice** *3 oz. pulled chicken & 8 oz broccoli baked over 4 oz soft brown rice Warm Bread & Pears*			Donations Requested: Bingo Prizes: canned goods, paper products, eggs, & home goods	**We kindly suggest a donation of $8 for guests over 60** ***Lunch for everyone else:*** **$12 for guests under 60**

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