

September



2026

Washington Senior Center

Reservations required by 9am for lunch day of attendance 636-239-3374

Suggested Donation of \$8 for those 60+ and \$12 for those under 60.

Monday	Tuesday	Wednesday	Thursday	Friday
	Crab Rangoon Casserole Broccoli Parmesan Tomatoes Garlic Bread Spiced Peaches	Smothered Pork Chop Roasted Potatoes Chef's Vegetable Blend Roll Jello Cake Strawberries	Chicken Teriyaki over Noodles Stir Fry Vegetables Steamed Cabbage Cookie Apricots	Roast Beef and Cheese on Bun Garden Salad Pea Salad Banana Pudding
CLOSED	German Stir Fry (Smoked Sausage, Crispy Potatoes, and Cabbage) Soft Pretzel Mixed Berries	Beef Tacos Black Beans Roasted Corn Spanish Rice Mandarin Oranges	Pork Tenderloin Sweet Potato Green Bean Casserole Roll Brownie Rosey Applesauce	Turkey Club Wrap Cucumber Salad Potato Salad Pumpkin Bread Fruit Fluff (Lettuce, Tomato, Onion)
Scrambled Omelet Peppers, Onion, & Mushrooms Juice Diced Pears Cinnamon Roll	Chili Mac Roasted Corn Cornbread Roasted Caramel Apples	Pulled Pork Loaded Tots (Tots topped w/BBQ Pork) Baked Beans Bread & Butter Teddy Grahams Fruit Cobbler	Breaded Pollock on Bun Dilly Carrots Sugar Snap Peas Berries	California Chicken Club on Ciabatta Broccoli Salad Garden Salad Sunshine Salad
Turkey w/Gravy Stuffing Spinach Carrots Roll CranApple Crisp	Bratwurst on Bun Baked Beans Fries Fresh Fruit	Smother Chicken Winter Mix Vegetables Butternut Squash Biscuit Fig Bar Vivian's Delite	Pork Eggroll Bowl (Ground Pork, Rice, and Steamed Cabbage) Stir Fry Vegetables Cookie Spiced Oranges	Italian Chopped Salad (Ham, Pepperoni, Olives, Pepperoncini, & Mozzarella) Pretzels Peach Bread Tortoni
Crispy Chicken on Bun Three Bean Salad Cheesy Broccoli Blueberry Cobbler	Meatball Sub Green Beans Cauliflower Pineapple Tidbits	Stuffed Pepper Casserole Corn Bread & Butter Strawberries		

~ Menu changes may occur without notice ~ Alternate available when fish/crab are served ~ Milk offered Daily with each meal ~