

October		Tri County Community Senior Center				2026	
		800 West Union St. Pacific, MO					
Please call by 9 AM		Lunch at 11:30		636-257-6264			
Monday		Tuesday		Wednesday		Thursday	
Friday							
We kindly suggest a donation of \$8 for guests under 60				1 Butternut Squash Soup w/ chicken Green Beans Salad Pineapples Cornbread & Crackers		2 Cheeseburgers w/ Bun French Fries 3 Bean Salad Fruit Cocktail	
ALL donations are appreciated and go straight to the senior center!!							
5	Chicken noodle Soup w/ 4 oz veggies Grilled Cheese(3oz) Sandwich Corn (4oz) Mandarin oranges Cornbread	6	Hot dogs w/ bun W/ Chili French Fries Veggie Casserole Grapes	7	Taco Salad w/ Meat, Cheese Refried Beans, Tortilla Chips Spanish Rice w/ tomatoes & Corn Fruit Cocktail	8	Polish Sausage w/ bun Sauerkraut Mashed Potatoes Peas & Carrots Mixed Fresh Fruit
9	Chef Salad w/ Chicken, eggs Grilled Turkey Cheese Sandwich Pears Crackers						
12	Egg Casserole w/ sausage, Veggie, Cheese Tater Tots Biscuits & Sausage Gravy Peaches	13	White Chicken Chili Grilled Turkey Cheese Sandwich Salad Mixed Fruit Crackers	14	Baked Fish Brown Rice w/ veggies Cornbread Salad Oranges	15	Meatloaf w/gravy Mashed Potatoes Mixed Veggies Grape Salad Rolls
16	Bratwurst w/ bun Baked beans Butter Noodles 3 bean salad Mixed fruit						
19	Chicken Veggie Casserole over rice Carrots Baked beans Pineapple WG Bread	20	Taco Salad w/ Meat, Cheese Refried Beans, Tortilla Chips Spanish Rice w/ tomatoes & Corn Fruit Cocktail	21	Chili w/ meat sauce Corn Salad Mixed fresh fruit Bread & Crackers	22	Rueben Sandwich (4oz meat, 3oz cheese) Green Beans French Fries Crackers
23	Sloppy Joes w/ bun Tater Tots Mixed Veggies Tropical Fruit						
26	Mostaccioli w/ meat sauce Salad Green Beans Sliced Apples Garlic Bread	27	Chicken n Dumplings Corn Peas Fruit Cocktail Biscuits	28	Baked Fish w/WG Bun Cole Slaw Mac N Cheese Salad Fresh Fruit	29	Tomato, Basil Noodle Soup w/ Chicken Grilled Turkey Cheese Sandwich Pineapples Roasted Broccoli Crackers
30	Chef Salad w/ham & eggs Grilled Turkey Cheese Corn Fruit salad Crackers & bread						

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