

September



2026

Sullivan Choice 730 West Main St. Sullivan, MO. 63080 - (573) 468-3766 - Center Hours: 9am-2pm - Milk is offered with each meal. Suggested donation is \$8 for those 60 and over. The cost of an Aging Ahead meal is \$12 for those under 60 years old. Lunch Reservations are required.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 Chair Workout 9:30am Bingo - Support Committee 10:00-11:30am SC Meeting 12:00pm Lunch 11:30am	4
Closed 	8	9	10 Chair Workout 9:30am Bingo - Support Committee 10:00-11:30am Lunch 11:30am	11
Chair Workout 9:30am Art Class w/Tina SC Sign Up is Required 10:00-11:00am Lunch 11:30am	15	16	17 Chair Workout 9:30am Bingo - Support Committee 10:00-11:30am Birthday Cake & Ice Cream Lunch 11:30am	18
Chair Workout 9:30am Senior Exercise Program Rob Ward- SC Sponsored 10:00-11:00am Lunch 11:30am	22	23	24 Chair Workout 9:30am Bingo - Support Committee 10:00-11:00am Fall Hay Ride-City of Sullivan 11:30- Around town. Lunch - SC Hot Dogs & Chili	25
Closed Blood Drive	29	30		