

September

Aging Ahead St. Charles - Senior Center Activities

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Board Games, Puzzles, Cards Pool Table 10AM: Bible Study LUNCH 11:00AM - 11:30AM	2 9AM: Quilting Group 9AM-11AM: Mercy Flu Shot Clinic 10AM: BINGO 11AM: Music with Denny LUNCH 11:00AM - 11:30AM	3 10AM: Tai Chi 12PM: STANDARD BINGO One winner per game  LUNCH 11:00AM - 11:30AM	4 9AM: Quilting Group 10AM: BINGO 12PM: Exercise Video LUNCH 11:00AM - 11:30AM
7 CENTER CLOSED 	8 Board Games, Puzzles, Cards Pool Table 10AM: Bible Study LUNCH 11:00AM - 11:30AM	9 9AM: Quilting Group 10AM: BINGO 11AM: Music with Denny LUNCH 11:00AM - 11:30AM	10 10AM: Tai Chi 12PM: STANDARD BINGO One winner per game  LUNCH 11:00AM - 11:30AM	11 9AM: Quilting Group 10AM: BINGO 12PM: Exercise Video LUNCH 11:00AM - 11:30AM
14 9AM: Woodcarvers 9AM: Chat & Craft Group LUNCH 11:00AM - 11:30AM	15 Board Games, Puzzles, Cards Pool Table 10AM: Bible Study LUNCH 11:00AM - 11:30AM	16 9AM: Quilting Group 10AM: BINGO 11AM: Music with Denny 12PM: Support Committee Meeting LUNCH 11:00AM - 11:30AM	17 10AM: Tai Chi 12PM: STANDARD BINGO One winner per game  LUNCH 11:00AM - 11:30AM	18 9AM: Quilting Group 10AM: Birthday Party 12PM: Exercise Video  LUNCH 11:00AM - 11:30AM
21 9AM: Woodcarvers 9AM: Chat & Craft Group LUNCH 11:00AM - 11:30AM	22 Board Games, Puzzles, Cards Pool Table 10AM: Bible Study LUNCH 11:00AM - 11:30AM	23 9AM: Quilting Group 9:30AM: BP Checks with The Vero 10AM: BINGO 11AM: Music with Denny LUNCH 11:00AM - 11:30AM	24 10AM: Tai Chi 12PM: STANDARD BINGO One winner per game  LUNCH 11:00AM - 11:30AM	25 9AM: Quilting Group 10AM: BINGO 11:30AM: Lunch & Learn 12PM: Exercise Video LUNCH 11:00AM - 11:30AM
28 9AM: Woodcarvers 9AM: Chat & Craft Group LUNCH 11:00AM - 11:30AM	29 Board Games, Puzzles, Cards Pool Table 10AM: Bible Study LUNCH 11:00AM - 11:30AM	30 9AM: Quilting Group 10AM: BINGO 11AM: Music with Denny LUNCH 11:00AM - 11:30AM		PLEASE CALL THE CENTER FOR LUNCH RESERVATIONS. THANK YOU! 636-949-0658