

August



2026

Arnold- CHOICE 314-413-1240 Monday/Wednesday at Jefferson College Arnold – 1687 Missouri State Road, Arnold, MO, 63010
12:30m-2pm

Please submit lunch orders by 11am on Thursday one week prior to programming by form, phone or @ www.agingahead.org

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 Lunch Served @ 12:30 BUNCO	6	7
10 Lunch Served @ 12:30 BINGO Sponsored by Devoted Health Plans	11	12 Lunch Served @ 12:30 Presentation by Genealogical Society	13	14
17 Lunch Served @ 12:30 BINGO Sponsored by Comprehensive Benefits, LLC	18	19 Lunch Served @ 12:30 Tai Chi	20	21
24 Lunch Served @ 12:30 BINGO	25	26 Lunch Served @ 12:30 Craft/Windchime	27	28
31 Lunch Served @ 12:30 BINGO				