

July		Aging Ahead - Wentzville Center Activities				2026			
		LUNCH RESERVATIONS REQUIRED 636.327.8720							
		LUNCH IS SERVED 11:30							
Monday		Tuesday		Wednesday		Thursday		Friday	
Monthly Dance Saturday, July 18th 6-9pm Anita & Marty		1		2		3			
		Mexican Train 9:30am Dominoes 		Intro to Line Dancing 9am Line Dancing 9:30am 		CLOSED 			
6		7		8		9		10	
Coffee and Tea 9 am 		Committee Meeting 9am Exercise with Katie 10am Senior Spotlight 10:15am Table Scrabble 10:30am  12:15pm		Veterans Coffee Talk 9am  Mexican Train 9:30am		Intro to Line Dancing 9am Line Dancing 9:30am 		Exercise 9:30am Senior Birthday Party W/ Scott Laytham Duo 10:30 am  12:15pm	
13		14		15		16		17	
Karaoke 9:30-11:30 		Activity Meeting 9am Exercise with Katie 10am Horse Races 10:30am  12:15pm		Mexican Train 9:30am Dominoes 		Intro to Line Dancing 9am Line Dancing 9:30am 		Exercise 9:30am Senior Spotlight 10am Cardinals Baseball 10:15am (Wear your Red!)  12:15pm	
20		21		22		23		24	
Coffee and Tea 9 am 		Exercise with Katie 9:30am Corn Hole 10:15am  12:15pm		DAR Veterans Coffee Talk 9am  Mexican Train 9:30am		Intro to Line Dancing 9am Line Dancing 9:30am 		Exercise 9:30am Beach Volleyball 10:15am  12:15pm	
27		28		29		30		31	
Coffee and Tea 9 am 		Exercise with Katie 9:30am Shuffle Bowling Tournament 10:15am  12:15 PM		Mexican Train 9:30am Dominoes 		Intro to Line Dancing 9am Line Dancing 9:30am 		Exercise 9:30am Lucky Bingo 10:30am  12:15pm	