

July



2026

SAINT CLAIR SENIOR CENTER, 310 PARK AVE SAINT CLAIR MO.

***Lunch reservations required two business days in advance. Please call 636-629-2187 ***

*Suggested donation is \$8 for those 60 and over. *The cost of an Aging Ahead Meal is \$12 for those under 60 years old.

*Milk is offered with each meal. *Menus Subject to Change*

Monday	Tuesday	Wednesday	Thursday	Friday
		COUNTRY FRIED STEAK WITH CREAM GRAVY GARLIC GREEN BEANS MASHED POTATOES FRUIT FLUFF WHEAT ROLL AND COOKIE	CHICKEN CAESAR SALAD WITH TOMATOES CRACKERS X2 MARINATED ARTICHOKE GRAPES	CLOSED FOR 4TH OF JULY HAPPY INDEPENDENCE DAY
BEEF CHILI MAC ROASTED ROOT VEG CORN BREAD PEARS	BAKED CHICKEN BREAST ROASTED BROCCOLI BAKED BEANS MANDARIN ORANGES RICE KRISPY TREAT WHEAT BREAD	CHEESEBURGER WEDGES LIMA BEANS FRUITED JELLO WHEAT BUN	BBQ PORK CUTLET MASHED POTATOES CORN WATERMELON WHEAT ROLL GOLDFISH CRACKERS	CHEF SALAD TURKEY HAM CHEESE EGG CUCUMBER TOMATO CARROT APPLESAUCE CRACKERS/ FIG BAR
STUFFED SHELLS IN TOMATO SAUCE BROCCOLI MIXED BERRIES GARLIC BREAD	CRISPY CHICKEN SANDWICH W/CHEESE CAULIFLOWER HARVARD BEETS TROPICAL FRUIT WHEAT BUN	BEEF POT ROAST CREAMED SPINACH MASHED POTATOES BLUSHING PEARS WHEAT ROLL TIGER GRAHAMS	OPENFACED TURKEY WITH GRAVY STUFFING GREENBEANS/CORN ORANGE WHEAT BREAD	HAM SALAD ON WHEAT VEGGIES AND RANCH PEACHES WHEAT BREAD CUCUMBER SALAD
PULLED PORK TATER TOTS MIXED VEG APPLE SAUCE WHEAT BUN	SCALLOPED POTATO AND HAM BAKE BRUSSEL SPROUTS TROPICAL FRUIT RICE KRISPY TREAT BREAD STICK	SOUR CREAM BEEF AND NOODLE BAKE HARVARD BEETS SQUASH PINEAPPLE TIDBITS JELLO CAKE	CHICKEN TENDERS WEDGES PEAS APPLE GOLDFISH CRACKERS FIG BAR	ITALIAN SALAD WHEAT CRACKERS PEACHES MUFFIN
MEATLOAF WITH KETCHUP SAUTEED CABBAGE MASHED POTATOES GRAVY PEACHES WHEAT ROLL/ FIG BAR	CHICKEN BROCCOLI RICE CASSEROLE GREENBEANS FRUIT COCKTAIL YEAST ROLL	FISH STICKS STEWED TOMATOES ITALIAN MIXED VEG HUSHPUPIES PEARS MUFFIN	SLOPPY JOE MIXED VEG GERMAN POTATO SALAD CANTALOE WHEAT BUN	TUNA SALAD MARINATED PEA SALAD CELERY STICKS PINEAPPLE TIDBITS CROISSANT/FIG BAR