

# May



# 2026

Arnold- CHOICE 314-413-1240 Monday/Wednesday at Jefferson College Arnold – 1687 MISSOURI STATE ROAD, ARNOLD, MO, 63010,  
12:30m-2pm

Please submit lunch orders by 11am on Thursday one week prior to programming by form, phone, or [www.agingahead.org](http://www.agingahead.org).

Suggested meal donation for adults 60+ is \$8. Meals are available for purchase for adults 59 and younger for \$12.

| Monday  | Tuesday | Wednesday   | Thursday | Friday |
|---|---------|---|----------|--------|
| 4<br>Lunch Served @ 12:30<br>BINGO<br>Favorite Snack<br>pre-packaged                  | 5       | 6<br>Lunch Served @ 12:30<br>BUNCO<br>Sponsored by<br>Upcycle Treasure Box              | 7        | 8      |
| 11<br>Lunch Served @ 12:30<br>BINGO<br>Sponsored by<br>MGM Healthcare                 | 12      | 13<br>Lunch Served @ 12:30<br>Tai Chi   | 14       | 15     |
| 18<br>Lunch Served @ 12:30<br>BINGO<br>Sponsored by<br>Comprehensive<br>Benefits, LLC | 19      | 20<br>Lunch Served @ 12:30<br>Rockfire-Rescue<br>Fire Safety Presentation<br>Fire Drill | 21       | 22     |
| 25<br><b>MEMORIAL DAY</b><br>CLOSED   | 26      | 27<br>Lunch Served @ 12:30<br>Summer Craft  | 28       | 29     |
|   |         |   |          |        |