

May



2026

Wentzville Senior Center 500 Great Oaks Blvd, Ste 101, Wentzville, MO 63385 #636-327-8720

Reservations required by Wednesday the week before 60 and older, suggested donation \$8. Under 60 years of age required to pay \$12 per meal.

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject to Change Milk served with all meals Lunch is served at 11:30am				Breakfast Platter: Scrambled Eggs, Sausage WG Biscuit with Gravy Crispy Diced Potatoes Fruit and Yogurt Parfait Fruit Juice 1
No Lunch 4	Beef Nachos Refried Beans Roasted Corn & Peppers Mango WG Chips WG Rice Krispie 5	No Lunch 6	No Lunch 7	Fish Sandwich On Wheat Bun Green Peas Carrots & Ranch Peaches 8
No Lunch 11	Ceasar Salad w/Chicken Celery & Peanut butter Fruit and Yogurt Parfait Salad Crackers Croissant 12	No Lunch 13	No Lunch 14	Lemon Pepper Fish Vegetable Medley Peas Blackberries WG Roll & Granola Bar 15
No Lunch 18	Chicken Tenders Fries & Mac N'Cheese Chef Blend Veggies Apple WG Roll 19	No Lunch 20	No Lunch 21	BBQ Chicken Breast Roasted Asparagus Great Northern Beans Watermelon, WG Crackers WG Rice Krispie Treat 22
CENTER CLOSED MEMORIAL DAY 25	Jambalaya w/ Andoullie Sausage & WG Roll Red Beans & Rice Veggie Medley Strawberries 26	No Lunch 27	No Lunch 28	Walking Tacos Refried Beans Roasted Corn Mango 29