

May



2026

Washington Senior Center

Reservations required by 9am 636-239-3374 for lunch

Suggested donation of \$8 for those 60+ and \$12 for those under 60

Monday	Tuesday	Wednesday	Thursday	Friday
				Beef and Broccoli Over Rice Seasoned Cabbge Sunshine Salad Cookie 1
Chicken Parmesan Spaghetti Cauliflower Garlic Bread Fruit Cup 4	Pork Carnita Tacos Spanish Rice Refried Beans Elote Corn Tortilla Spiced Peaches 5	Meatloaf Mashed Potatoes Brussels Sprouts Roll Brownie Fresh Fruit 6	Scrambled Eggs Sausage Patty Biscuit w/Gravy Crispy Potatoes Cinnamon Roll Juice & Berries 7	Roast Beef and Cheddar on Croissant Pea Salad Coleslaw Grapes 8
Lemon Pepper Fish Rice Pilaf Peas Carrots Roll AppleSauce 11	Cheese Burger on Bun Tator Tots Pickled Beets Berries 12	Chicken Enchilada Bowl w/ Mexican Rice Roasted Corn Black Beans Birthday Cake Tropical Fruit 13	Spaghetti w/Meatballs Green Beans Cauliflower Breadstick Fresh Melon 14	Crispy Chicken Wrap Fresh Veggies w/Ranch Broccoli Salad Graham Cracker Fruit & Yogurt Parfait 15
Potato Crusted Porkchop Baked Potato Chef's Vegetable Blend Wheat Bread Fig Bar Berries 18	Cheese Stuffed Pasta Glazed Carrots Asparagus Garlic Bread Fruited Gelatin 19	Philly Cheese Steak on Bun Cream Corn Roasted Broccoli Fruit Cobbler 20	Beer Battered Cod Mac & Cheese Parmesan Tomatoes Cabbage Hushpuppies Pears 21	Chef Salad (w/Turkey and Ham) Sunchips Rice Krispie Treat Fresh Fruit 22
Closed for Memorial Day 25	Mushroom Swiss Burger Roasted Corn Baked Beans Wheat Bun Fresh Fruit 26	Smoked Sausage Red Beans & Rice Chef's Vegetable Choice Roll Mixed Berries 27	Country Fried Steak Mash Potatoes w/Gravy Seasoned Peas Biscuit Cookie Fruit Fluff 28	Southwest Chicken Salad on Croissant Roasted Chickpeas Wintergreen Salad Tropical Fruit 29

~ Daily Menu May Change Without Notice ~ Alternate Offered When Fish is Served ~ Milk Served with Every Meal ~