

May



2026

St. Clair Senior Center

310 Park Ave St. Clair, MO 63077 (636) 629-2187

Milk is served with all meals. \$8 Suggested donation or \$12 cost of meal for those under 60 years of age.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CRAB SALAD on CROISSANT MARINATED PEAS COLE SLAW TROPICAL FRUIT
4 BAKED BONE IN CHICKEN WITH GLAZED CARROTS GREEN BEANS APPLESAUCE GARLIC BREAD AND FIG BAR	5 BEEF NACHOS ROASTED CORN BLACK BEANS APPLE SAUCE CEREAL BAR	6 PULLED PORK TATER TOTS CORN PINEAPPLE WHIP WHEAT BUN	7 BEER BATTERED FISH STEWED TOMATOES PACIFIC BLEND SLICED PEARS MAC AND CHEESE W/ROLL	8 HAM SALAD SANDWICH ZUCCHINI SALAD CELERY WITH RANCH WHEAT BUN PEARS
11 PESTO CHICKEN ITALIAN BLEND VEG HARVARD BEETS MIXED FRUIT CALIFORNIA PASTA SALAD GRANOLA BAR	12 SPAGHETTI AND MEATBALLS GREEN BEANS FRUIT CUP GARLIC BREAD	13 CHICKEN CORDON BLEU GLAZED CARROTS BROCCOLI STRAWBERRIES BREADSTICK CRACKERS	14 BAKED HAM MASHED POTATOES BLACK EYED PEAS BANANA PUDDING WHEAT ROLL	15 COTTAGE CHEESE PLATE MANDARIN ORANGES PINEAPPLE TIDBITS MUFFIN /FIG BAR POTATO SALAD
18 CHEESEBURGER PEA SALAD TATER TOTS PEARS WHEAT BUN	19 SCALLOPED POTATOES AND HAM BAKE BRUSSEL SPROUTS TROPICAL FRUIT MIX CORNBREAD DRESSING WG RICE KRISPY	20 CHICKEN AND DUMPLINGS ROASTED BRUSSEL SPROUTS GLAZED CARROTS FRUITED JELLO WHEAT BREAD	21 CHEESE RAVIOLI IN TOMATO SAUCE BROCCOLI WATERMELON DONUT HOLES	22 ITALIAN SALAD APPLESAUCE WHEAT CRACKERS MUFFIN
25 SLOPPY JOE FRIES BAKED BEANS JELLO FRUIT WHEAT BUN	26 HAM EGG AND CHEESE BREAKFAST SANDWICH HASHBROWNS CINNAMON APPLES MIXED BERRIES BISCUIT	27 OPEN FACED TURKEY W/GRAVY GREEN BEANS MASHED POTATOES FRUITED JELLO WHEAT BREAD	28 LEMON HONEY CHICKEN STIR FRY BLEND BROWN RICE CEREAL BAR W/ORANGE	29 TROPICAL CHICKEN SALAD WHEAT CRACKERS GOLD FISH CRACKERS CORN SALAD