

May



2026

Ferguson Senior Center 1050 Smith Ave. Ferguson, Mo. 63135 314-867-5661

The suggested donation for all seniors is \$8.00. All donations are appreciated! Reservations are required

Monday	Tuesday	Wednesday	Thursday	Friday
				Beef and Broccoli Stir Fry Vegetables Mandarin Oranges White Rice Teddy Grahams Milk 1
Cheeseburger Tator Tots Cream Corn Sliced Peaches Wheat Bun Milk 4	Chicken Tenders Baked Beans Coleslaw Applesauce Wheat Bread Nutri Grain Bar, Milk 5	Chef Salad Fruit Cup Sun Chips Muffin Milk 6	Roast Beef w/ Gravy Mashed Potatoes Green Beans Peach Cobbler Wheat Roll Rice Krispy Treat, Milk 7	Fish Sandwich Cheesy Broccoli Carrots Banana Wheat Bun Milk 8
Meatloaf Brussel Sprouts AuGratin Potatoes Fruit Salad Wheat Roll Muffin, Milk 11	Spaghetti & Meatballs Side Salad Cantaloupe Breadstick Milk 12	Breakfast Platter Crispy Diced Potatoes Fruit & Yogurt Parfait Fruit Juice Biscuit Milk 13	Grilled Chicken Caesar Salad Cucumber Salad Apple Sauce Soft Pretzel Salad Crackers, Milk 14	Lemon Pepper Fish Winter Blend Vegetables Pea's and Carrots Grapes Cheesy Rice Granola Bar, Milk 15
Philly Cheese Steak Creamed Corn Broccoli Cherry Cobbler Wheat Bun Milk 18	Smothered Pork Chops Baked Potato Glazed Carrots Mixed Berries Wheat Bread Fig Bar, Milk 19	Fish Sticks Stewed Tomatoes Sauteed Cabbage Strawberries Hush Puppies Macaroni & Cheese, Milk 20	Cheese Ravioli Green Beans Hot Spiced Pears Garlic Bread Milk 21	BBQ Chicken Breast Succotash Cheesy Corn Bake Watermelon Rice Krispy Treat Wheat Roll, Milk 22
Happy Memorial Day! Center Closed 25	Jambalaya Side Salad Blackberry Cobbler Garlic Bread Milk 26	Country Fried Steak Mashed Potatoes w/gravy Cheesy Broccoli Mixed Berries Wheat Roll Granola Bar, Milk 27	Cheesy Ranch Chicken Key Largo Vegetables Green Pea's Fruit Cocktail Whole Wheat Bread Fig Bar, Milk 28	Beef Nachos Refried Beans Roasted Corn & Peppers Mango Tortilla Chips Cookie, Milk 29