





















April

Aging Ahead St. Charles - Senior Center Activities

2026

Monday		Tuesday		Wednesday		Thursday		Friday	
<p>CENTER OPEN: MONDAY-FRIDAY 9:00AM - 2:00PM 1455 Fairgrounds Rd. St. Charles, MO 63301</p>				<p>1 9AM: Quilting 10AM: BINGO/Archwell 11AM: Music with Denny  LUNCH 11:00A-12:00P</p>		<p>2 9AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P</p>		<p>3  9AM: Quilting 10AM: BINGO/Archwell 12PM: Exercise Video  LUNCH 11:00A-12:00P</p>	
<p>6 9AM: Woodcarvers 9AM: Chat & Craft Group 12PM: Exercise Video LUNCH 11:00A-12:00P</p>		<p>7 Board Games, Puzzles, Cards Pool Table  LUNCH 11:00A-12:00P</p>		<p>8 9AM: Quilting 10AM: BINGO/Archwell 11AM: Music with Denny  LUNCH 11:00A-12:00P</p>		<p>9 9AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P</p>		<p>10 9AM: Quilting 10AM: BINGO/Archwell 12PM: Exercise Video  LUNCH 11:00A-12:00P</p>	
<p>13 9AM: Woodcarvers 9AM: Chat & Craft Group 12PM: Exercise Video LUNCH 11:00A-12:00P</p>		<p>14 Board Games, Puzzles, Cards Pool Table  LUNCH 11:00A-12:00P</p>		<p>15 9AM: Quilting 10AM: BINGO/Guide4SeniorLiving 11AM: Music with Denny 12PM: Support Committee Meeting  LUNCH 11:00A-12:00P</p>		<p>16 9AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P</p>		<p>17 9AM: Quilting 10AM: Birthday Party Entertainment: Stacey McClenahan  LUNCH 11:00A-12:00P</p>	
<p>20 9AM: Woodcarvers 9AM: Chat & Craft Group 12PM: Exercise Video LUNCH 11:00A-12:00P</p>		<p>21 Board Games, Puzzles, Cards Pool Table  LUNCH 11:00A-12:00P</p>		<p>22 9AM: Quilting 10AM: BINGO/Archwell 11AM: Music with Denny  LUNCH 11:00A-12:00P</p>		<p>23 9AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P</p>		<p>24 9AM: Quilting 10AM: BINGO/Archwell 12PM: Exercise Video  LUNCH 11:00A-12:00P</p>	
<p>27 9AM: Woodcarvers 9AM: Chat & Craft Group 12PM: Exercise Video LUNCH 11:00A-12:00P</p>		<p>28 Board Games, Puzzles, Cards Pool Table  LUNCH 11:00A-12:00P</p>		<p>29 9AM: Quilting 10AM: BINGO/NHC Healthcare 11AM: Music with Denny  LUNCH 11:00A-12:00P</p>		<p>30 9AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P</p>		<p>PLEASE CALL THE CENTER FOR LUNCH RESERVATIONS. THANK YOU! 636-949-0658 stcharles@agingahead.org</p>	

