

# April 2026

## Menu



Milk is offered with each meal.  
Suggested donation is \$8, the cost of an Aging Ahead meal is \$12 for those under 60 years of age.

### WENTZVILLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH IS SERVED AT 11:30AM RESERVATIONS REQUIRED 636-327-8720		1 NO LUNCH	2 NO LUNCH	3 Lemon Pepper Fish, Vegetable Medley, Peas and Carrots, Fresh Apples, Cheesy Rice, Granola Bar
6 NO LUNCH	7 Philly Cheesesteak Sandwich, Creamed Corn, Roasted Broccoli, Fruit Cobbler, Wheat Bun	8 NO LUNCH	9 NO LUNCH	10 BBQ Chicken Breast, Asparagus, Great Northern Beans, Oranges, Wheat Roll, WG Rice Krispie
13 NO LUNCH	14 Jambalaya with Andouille Sausage, Red Beans and Rice, Veggie Medley, Strawberries, Rice, Wheat Roll	15 NO LUNCH	16 NO LUNCH	17 Beef Nachos, Refried Beans, Roasted Corn and Pepper Blend, Mango, WG Chips, WG Rice Krispie
20 NO LUNCH	21 Chicken Alfredo w/ WG noodles, Dill Carrots, Steamed Broccoli, Blueberries, WG Breadstick	22 NO LUNCH	23 NO LUNCH	24 Baked Ham, Maple Sweet Potatoes, Succotash, Fruit Crisp, Wheat Roll, Stuffing
27 NO LUNCH	28 Open Faced Beef & Cheese Sandwich w/Gravy, Roasted Cauliflower, Green Beans, Stewed Apples & Raisins	29 NO LUNCH	30 NO LUNCH	