



**April
2026**

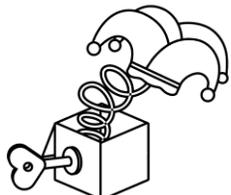


Aging Ahead - Washington Senior Center

Reservations required by 9am 636-239-3374 Lunch 11:45-12:30

Suggested donation of \$8 for 60+ and \$12 for those under 60



Monday		Tuesday		Wednesday		Thursday		Friday	
		April Fools' Day 		1	Scalloped Potatoes and Ham Roasted Brussels Sprouts Cornbread Blackberries Cookie	2	Crispy Chicken Wrap (Chicken Tenders w/Lettuce, Onion, & Tomato in a Tortilla) Veggies w/Ranch Cucumber Salad Tropical Fruit Graham Crackers	3	Lemon Pepper Fish Cheesy Rice Dilly Carrots Seasoned Peas Cottage Cheese and Peaches Brownie
6	Smothered Porkchop Roasted Potatoes Glazed Carrots Wheat Bread Berries Figbar	7	Cheese Stuffed Pasta Italian Salad Winter Mixed Vegetables Garlic Bread Hot Spiced Fruit	8	BBQ Chicken Baked Beans Mashed Potatoes Roll Applesauce Birthday Cake	9	Potato Crusted Pollock Roasted Cherry Tomatoes Coleslaw Fresh Fruit Rice Krispie Treat Hushpuppies	10	Philly Cheesesteak on Bun Broccoli Corn Fruit Cobbler
13	Cheesy Ranch Chicken Italian Potatoes Sugar Snap Peas Wheat Bread Fruit Cocktail Donut Holes	14	Smoked Sausage Red Beans & Rice Chef's Veg Blend Roll Raisins	15	Beef Nachos w/ All the Fixings Refried Beans Roasted Corn Teddy Grahams Rosey Pears	16	Western Omelet Hashbrown Patty Juice Biscuit Cereal Bar Blueberries & Cream	17	Country Fried Steak w/White Gravy Mashed Potatoes Green Beans Garlic Bread Carrot Cake Strawberries
20	Baked Ham Sweet Potatoes Lima Beans Stuffing Roll Fruit Crisp	21	Chicken Alfredo w/Penne Broccoli Carrots Breadstick Berries	22	Italian Chopped Salad Chef Salad w/ Ham, Olives, Pepperoni, and Pepperoncinis) Sun Chips Peaches Banana Bread	23	Honey Glaze Pork Loin Cheesy Cauliflower Beets Roll Pineapple Bread Pudding	24	Hot Dog on Bun on Bun Chili Baked Potato Fruit Fluff
27	Open Face Roast Beef w/Gravy Baby Carrots Green Beans Wheat Bread Diced Pears	28	BBQ Riblet on Bun Roasted Cauliflower Corn Stewed Apples	29	Seafood Salad on Croissant Broccoli Raisin Salad Cucumber and Tomato Salad Berries	30	Chicken Fajitas w/Peppers & Onions Black Beans Spanish Rice Tortilla Tropical Fruit Salad		

~Daily Menus May Change Without Notice ~ Alternate Offered When Fish Is Served ~ Milk Served with Every Meal~