April 2026

Menu

Milk is offered with each meal.
Suggested donation is $8, the cost of an Aging Ahead meal is $12 for those under 60 years of age.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Scalloped Potatoes & Ham Parmesan Zucchini Green Beans Cornbread Dressing Tropical Fruit Cup WG Brownie	2 Lemon Pepper Fish Peas and Carrots Stewed Tomatoes Cheesy Rice Blackberries Granola Bar	3 Chicken Caesar Wrap WG Tortilla Peppers with Ranch Coleslaw Strawberry& Yogurt Parfait Graham Crackers
6 Philly Cheesesteak Wheat Hoagie Creamed Corn Roasted Broccoli Fruit Cobbler	7 Potato Breaded Pork Baked Potato Glazed Carrots Wheat Bread Mixed Berries Fig Bar	8 Pollock Sticks Roasted Cherry Tomatoes Sauteed Cabbage Mac and Cheese WG Cheez-It Crackers Grape Salad	9 WG Cheese Lasagna Roll Tomato Sauce Side Salad Garlic Bread Hot Spiced Pears	10 BBQ Boneless Chicken Wings Baked Beans Fries Wheat Roll Watermelon WG Rice Krispie Treat
13 Western Cheese Omelet Ham, Onions, Peppers Hashbrown Patty WG Biscuit Blueberries Banana	14 Jambalaya Andouille Sausage Red Beans & Rice Peppers & Onions Cornbread Strawberries	15 Country Fried Steak Mashed Potatoes/Gravy Cheesy Broccoli Texas Toast Waldorf Salad Granola Bar	16 Cheesy Ranch Chicken Green Peas Glazed Carrots Wheat Bread Orange Coconut Dessert WG Donut Holes	17 Beef Nachos/Tortilla Chips Lettuce, Tomato, Cheese Refried Beans Roasted Corn & Peppers Mango WG Berry Scone
20 Chicken Alfredo Dill Carrots Steamed Broccoli WG Cheese Breadstick Pineapple Chunks	21 Italian Chopped Salad Sun Chips Tropical Fruit Cup WG Muffin	22 Honey Glazed Pork Loin Cheesy Cauliflower Beets WG Biscuit Cranberry Applesauce Nutrigrain Bar	23 Beef Chili Mac Roasted Root Vegetables Cornbread Dreamsicle Gelatin	24 Baked Ham Sweet Potato Casserole Baked Beans Stuffing Wheat Roll Apple Crisp
27 Chicken Fajitas WG Tortillas (2) Black Beans Sauteed Peppers & Onions Spanish Rice Fruit Cocktail	28 Open Faced Roast Beef, Swiss, Gravy Mashed Potatoes Garlic Green Beans Wheat Bread Stewed Apples & Raisins	29 Seafood Salad/Croissant Cucumber Salad Broccoli Raisin Salad Banana Pudding	30 BBQ Pork Riblet Sandwich Wheat Bun Cheesy Corn Bake Steamed Baby Carrots Blackberries	