



Union Senior
Center
1329 Union Ave.
Union, MO

Reservations Required Two
Business Days in Advance:
CALL

636-583-5432



Milk is offered with each meal.
Suggested donation is \$8 for those 60 and over.
The cost of an Aging Ahead Lunch is
\$12 for those under 60 years of age.

MENU

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti & Meatballs with Green Beans, Garlic Toast and a Fruit Cup 	Chicken Cordon Bleu with Glazed Carrots, Broccoli, Breadstick, Crackers and Apricot Halves	Baked Ham with Sweet Potato Fries, Black Eyed Peas, Wheat Roll and Banana Pudding	Cheeseburger on Wheat Bun w/ Tater Tots, Pea Salad and Peach Crisp 	Chicken-Caesar Salad with Crackers, Coleslaw, Fruit Parfait and a Cereal Bar
Philly Cheesesteak with Three Bean Salad, Roasted Chickpeas & Spiced Peaches 	BBQ Pork-Tenderloin with Baked Beans, Creamed Corn, Wheat Bread, Blueberries and a Cereal Bar	Beef Chili Mac with California Blend Veggies, Cornbread and a Banana	Swedish - Meatballs over Noodles with Stewed Tomatoes, Green Beans, Whole Grain Muffin & a Fruit Cup 	Ham Salad on Croissant with Broccoli Raisin Salad, Carrots w/Ranch and Pears 
Beef Nachos w/the Fixings with White Corn, Black Beans, Apple Sauce and a Cereal Bar 	Beer Battered Fish with Corn, Stewed Tomatoes, Mac & Cheese, Wheat Roll and Sliced Pears	Open Faced Turkey & Gravy on Wheat Bread with Mashed Potatoes Green Beans and Honey Dew	Pulled Pork on Wheat Bun with Tater Tots, Lima Beans and Spiced Pineapple 	Tuna Salad on Croissant with Coleslaw, Marinated Peas and Tropical Fruit
Scalloped Potatoes & Ham Brussels Sprouts, Cornbread Dressing Tropical Fruit and WG Rice Krispy Treat	Pesto Chicken w/ Harvard Beets, Italian Blend Veg, CA Pasta Salad, Garlic Bread and Sliced Peaches	Sloppy Joe on WW Bun with French Fries, Baked Beans and Jello w/Fruit	Chicken & Dumplings with Roasted Brussels Sprouts, Glazed Carrots, Wheat Bread and Watermelon	Egg Salad on Croissant with Cucumber Salad, Sweet & Sour Bean Salad & Fruit Cocktail
 12TH FEBRUARY ABRAHAM LINCOLN'S BIRTHDAY *****		Valentines Recipe 		PRESIDENTS' DAY FEB 16 COUNTY GOVERNMENT OFFICES ARE CLOSED 