

January

Tri County Community Senior Center

800 West Union St. Pacific, MO

Please call by 9 AM Lunch at 11:30 636-257-6264

2026

Monday		Tuesday		Wednesday		Thursday		Friday	
5	Chicken & Veggie 4 oz. Noodle Soup Grilled Cheese Sandwich 3oz Corn Peaches	6	Chicken Veggie Casserole over rice Carrots Baked beans Pineapple WG Bread	7	Polish Sausage Sauerkraut Mashed Potatoes Green Beans Pears WG Bread & cornbread	8	Beef Stew w/ Potatoes & Veggies 4 oz. Peas Applesauce Rolls	9	Fish Patty w/ bun Stewed Tomatoes Mac & Cheese Salad Fruit Cocktail
12	Meatloaf Mashed Potatoes w/ gravy 3 Bean Salad Sliced Apples Rolls	13	BBQ Chicken Red Skin Potatoes Beets Broccoli w/ cheese WG Bread x2	14	Chili Mac w/ Elbow Noodles Corn Pea Salad Peaches Crackers	15	Beef Veggie Soup 8 oz Grilled Cheese 3 oz Salad Fresh Fruit Crackers	16	Egg Casserole w/ 4 oz. Potatoes Sausage & Veggies (4 oz.) Country Gravy Biscuits Fresh fruit
19	CLOSED MARTIN LUTHER KING	20	Beef Stroganoff with egg noodles Veggie Casserole (4 oz.) Peas Fresh fruit Bread	21	Spaghetti w/ meat sauce Salad Green beans Tropical fruit French Bread	22	Baked Chicken Mashed Potatoes w/gravy Beets Cornbread WG Bread	23	Bratwurst w/ bun Baked beans Butter Noodles 3 bean salad Mixed fruit
26		27	Chili w/ crackers 3 Bean Salad Tater Tots Fruit salad Cornbread	28	Mostaccioli w/ meat sauce 4oz Salad Corn Sliced Apples Garlic Bread	29	Chicken n Dumplings Corn Peas Fruit Cocktail Biscuits	30	Catfish Fillets French Fries Salad Pears WG Bread X 2
					Donations are Appreciated! Butter Cream Cheese Jello - Cherry or Orange Flour Cake Icing				The suggested donation for all senior meals is \$8.00 All donations are appreciated!

Daily Menus May Change Without Notice