









 <b>December</b>		 <b>Aging Ahead - Union Senior Center</b>			 <b>2025</b>
		<b>Lunch is served 11:30-12:30 1329 N. Union Ave. Union, MO</b>			
		<b>Reservations Required 2 Business Days in Advance ~~ Call: 636-583-5432~~</b>			
Monday		Tuesday	Wednesday	Thursday	Friday
1	<b>Beer Battered Fish</b> <b>Macaroni and Cheese</b> <b>Stewed Tomatoes</b> <b>Corn</b> <b>Sliced Pears</b> <b>Pineapple</b>	2 <b>Spaghetti &amp; Meatballs</b> <b>in Marinara Sauce</b> <b>Green Beans</b> <b>Garlic Bread</b> <b>Tropical Fruit</b> 	3 <b>Chicken Cordon Bleu</b> <b>Glazed Carrots</b> <b>Broccoli</b> <b>Breadstick</b> <b>Crackers</b> <b>Fruited Jello</b>	4 <b>BBQ Pork Tenderloin</b> <b>Baked Beans</b> <b>Creamed Corn</b> <b>Wheat Bread</b> <b>Banana</b> 	5 <b>Egg Salad on</b> <b>Croissant</b> <b>Cucumber Salad</b> <b>Creamy Pea Salad</b> <b>Fruit Cocktail</b>
8	<b>Pulled Pork</b> <b>on WW Bun</b> <b>Tater Tots</b> <b>Baked Beans</b> <b>Spiced Pineapple</b> 	9 <b>Pesto Chicken</b> <b>Italian Blend Vegetables</b> <b>Harvard Beets</b> <b>California Pasta Salad</b> <b>Garlic Bread</b> <b>Sliced Peaches</b>	10 <b>Tuna Noodle Casserole</b> <b>Glazed Carrots</b> <b>Mixed Vegetables</b> <b>Cheese Bread Stick</b> <b>Grapes</b>	11 <b>Salisbury Steak</b> <b>Mashed Potatoes</b> <b>Creamed Spinach</b> <b>Wheat Roll</b> <b>Watermelon</b> <b>Cinnamon Roll</b> 	12 <b>Turkey Sandwich</b> <b>on Croissant</b> <b>Broccoli Raisin Salad</b> <b>Carrots w/ Ranch</b> <b>Pears</b>
15	<b>Golden Spicy Chicken</b> <b>on Whole Wheat Bun</b> <b>Curly Fries</b> <b>3 Bean Salad</b> <b>Apple Sauce</b>	16 <b>Scalloped Potatoes</b> <b>with Ham Bake</b> <b>Brussels Sprouts</b> <b>Corn Bread Dressing</b> <b>Tropical Fruit Mix</b> <b>WG Rice Krispy Treat</b>	17 <b>Cheeseburger on</b> <b>Wheat Bun w/ LTOP</b> <b>Pea Salad</b> <b>Tater Tots</b> <b>Peach Crisp</b> 	18 <b>Baked Ham w/ Pineapple</b> <b>Sweet Potato Fries</b> <b>Corn</b> <b>Wheat Roll</b> <b>Banana Pudding</b>	19 <b>Chicken Salad on</b> <b>Croissant</b> <b>Cole Slaw</b> <b>Marinated Peas</b> <b>Tropical Fruit</b>
22	<b>Italian Salad w/ Ham</b> <b>Pepperoni &amp; Cheese</b> <b>Apple Sauce</b> <b>Wheat Crackers</b> <b>Muffin</b>	23 <b>Crispy Pork Fritter</b> <b>Baked Potato Casserole</b> <b>Winter Blend Vegetables</b> <b>Wheat Bread</b> <b>Mixed Berries</b> <b>Granola Bar</b>	24 <b>Chicken &amp; Dumplings</b> <b>Beets</b> <b>Creamed Corn</b> <b>Wheat Roll</b> <b>Fruit Yogurt Parfait</b>	25 <b>~~Closed~~</b> 	
29	<b>BBQ Boneless Wings</b> <b>Waffle Fries</b> <b>Glazed Carrots</b> <b>Wheat Bread</b> <b>Banana Pudding</b>	30 <b>Pollock Fish Sticks</b> <b>Macaroni &amp; Cheese</b> <b>Stewed Tomatoes</b> <b>Corn</b> <b>Sliced Pears</b> <b>Cookie</b> 	31 <b>Ham, Egg &amp; Cheese</b> <b>on Croissant</b> <b>Hash Browns</b> <b>Cinnamon Apples</b> <b>Tropical Fruit Cup</b>	1 <b>~~Closed~~</b> 	2 <b>**Support Your Center**</b> <b>w/ a Donation for Lunch</b> <b>~~60 or Over~~</b> <b>Suggested Donation</b> <b>\$8.00 per Meal</b> <b>Under 60?</b> <b>Lunch is \$12 per meal</b>
Daily Menus May Change Without Notice					