




















September

Aging Ahead St. Charles - Senior Center Activities

2025

Monday		Tuesday		Wednesday		Thursday		Friday	
1	 CENTER CLOSED	2	Board Games, Puzzles, Cards 9:30AM: Line Dancing Class  LUNCH 11:00A-12:00P	3	9AM: Quilting 10AM: BINGO 11AM: Music with Denny  LUNCH 11:00A-12:00P	4	9-10AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P	5	9AM: Quilting 10AM: BINGO 12PM: Exercise Video  LUNCH 11:00A-12:00P
8	9AM: Woodcarvers LUNCH 11:00A-12:00P	9	Board Games, Puzzles, Cards 9:30AM: Line Dancing Class  LUNCH 11:00A-12:00P	10	9AM: Quilting 10AM: BINGO 11AM: Music with Denny  LUNCH 11:00A-12:00P	11	9-10AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P	12	9AM: Quilting 10AM: BINGO 11:30AM: Fight the Fall Presentation  LUNCH 11:00A-12:00P
15	9AM: Woodcarvers LUNCH 11:00A-12:00P	16	Board Games, Puzzles, Cards 9:30AM: Line Dancing Class  LUNCH 11:00A-12:00P	17	9AM: Quilting 10AM: BINGO 11AM: Music with Denny  LUNCH 11:00A-12:00P	18	9-10AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P	19	9AM: Quilting 10AM: 70's Disco Dance Party Entertainment: Scott Laytham 12PM: Exercise Video LUNCH 11:00A-12:00P
22	9AM: Woodcarvers LUNCH 11:00A-12:00P	23	Board Games, Puzzles, Cards 9:30AM: Line Dancing Class  LUNCH 11:00A-12:00P	24	9AM: Quilting 10AM: BINGO 11AM: Music with Denny 12PM: Support Committee Meeting  LUNCH 11:00A-12:00P	25	9-10AM: Ping Pong 10AM: TAI CHI  LUNCH 11:00A-12:00P	26	9AM: Quilting 10AM: BINGO 12PM: Exercise Video  LUNCH 11:00A-12:00P
29	9AM: Woodcarvers 10AM: A Matter of Balance Class  LUNCH 11:00A-12:00P	30	Board Games, Puzzles, Cards 9:30AM: Line Dancing Class  LUNCH 11:00A-12:00P	PLEASE CALL THE CENTER FOR LUNCH RESERVATIONS. THANK YOU! 636-949-0658 stcharles@agingahead.org				CENTER OPEN: MONDAY-FRIDAY 9:00AM - 2:00PM 1455 Fairgrounds Rd. St. Charles, MO 63301	

