

SEPT		Aging Ahead - ST. CLAIR					2025		
		636-629-2187							
		Congregate Menu							
Monday		Tuesday		Wednesday		Thursday		Friday	
1	CLOSED FOR LABOR DAY	2	WESTERN SCRAMBLE HASHBROWNS	3	GOLDEN CHICKEN SANDWICH STEAMED CARROTS	4	SALISBURY STEAK MASHED POTATO	5	TURKEY SANDWICH BROCCOLI RASIN SALAD
			BANANA		PEA SALAD		CREAMED SPINACH		CARROTS WITH RANCH
			MANDARIN ORANGES		CINNAMON APPLES		WATERMELON		CROISSANT
			BISCUIT		WHEAT BUN		WHEAT ROLL		PEARS
			CEREAL BAR				CINNAMON ROLL		
			MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
8	BBQ PORK CUTLET CHICK PEAS	9	TUNA NOODLE CASSEROLE GLAZED CARROTS	10	CHEESEBURGER PEA SALAD	11	OPENFACED ROASTBEEF AND SWISS W/GRAVY	12	CHICKEN CAESAR SALAD COLESLAW
	STEAMED CARROTS		MIXED VEG		TATER TOTS		ROASTED CAULIFLOWER		FRUIT PARFAIT
	BLACKBERRIES		GRAPES		PEACH CRISP		GARLIC GREEN BEANS		WHEAT CRACKERS
	WHEAT ROLL		CHEESE BREADSTICK		WHEAT BUN		PEACHES		CEREAL BAR
	CEREAL BAR						WHEAT BREAD		
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
15	TURKEY SAUSAGE BREAKFAST SANDWICH	16	CHICKEN PARM ITALIAN VEG	17	TACO CASSEROLE BLACKBEANS	18	PULLED PORK TATER TOTS	19	CHEF SALAD CANTALOUPE
	CRISPY DICED POTATOES		PEACH CRISP		CORN		BAKED BEANS		CRACKERS
	ORANGE AND CINNAPPLES		PASTA		STRAWBERRIES		SPICED PINEAPPLE		GRANOLA BAR
	PARFAIT		GARLIC BREAD		TORTILLA CHIPS		WHEAT BUN		
	JUICE				SPANISH RICE				
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
22	SCALLOPED POTATOES AND HAM BAKE	23	CHICKEN TENDERS FRIES	24	BEER BATTERED FISH STEWED TOMATOES	25	BEEF CHILI MAC CALI BLEND VEG	26	TUNA SALAD COLE SLAW
	BRUSSEL SPROUTS		GREEN PEAS		CORN		BANANAS		MARINATED PEAS
	TROPICAL FRUIT MIX		ORANGE COCONUT		SLICED PEARS		CORNBREAD		TROPICAL FRUIT
	CORNBREAD DRESSING		WHEAT ROLL		CEREAL BAR				CROISSANT
	WG RICE KRISPY		TIGER GRAHAMS		MAC AND CHEESE				
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
29	BEEF STROGANOFF STEWED TOMATOES	30	BBQ BONELESS WINGS WAFFLE FRIES						
	GREEN BEANS		GLAZED CARROTS						
	PINEAPPLE TIDBITS		BANANA PUDDING						
	BREAD STICK		WHEAT BREAD						
	MILK TEA OR COFFEE		MILK TEA OR COFFEE						
Daily Menus May Change Without Notice									

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