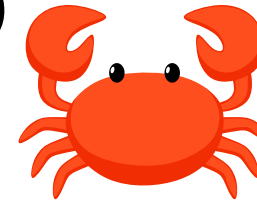

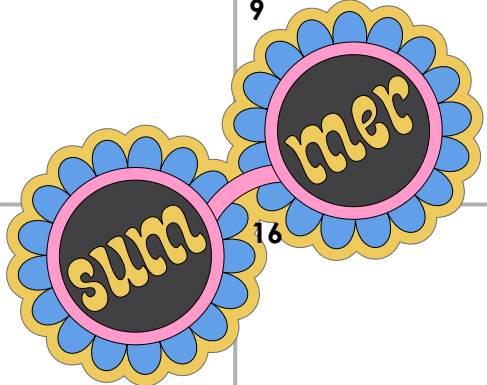




# AUGUST 2025

## CHOICE ACTIVITIES

Aging Ahead Arnold  
Monday & Wednesday  
12:30 PM Lunch  
1-2:30 PM Activity  
Jessica 314-413-1240



BINGO PRIZES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
For Mondays August 7 Sponsored by Autumn Ridge	4 Lunch Served @ 12:30 BINGO Mahjong	5 	6 Lunch Served @ 12:30 BUNCO Sponsored by Upcycle Treasure Box	7	8	9 
August 11 Snack Attack (prepacked snacks)	11 Lunch Served @ 12:30 BINGO Mahjong	12	13 Lunch Served @ 12:30 CHAIR YOGA	14	15	16
August 18 Sponsored by Comprehensive Benefits, LLC	18 Lunch Served @ 12:30 BINGO Mahjong	19 	20 Lunch Served @ 12:30 Craft Day	21 	Lunch must be ordered a week in advance. We are unable to make changes to your meal order after registration. If you registered without ordering a lunch and would like to change that to a meal, please reregister with your meal order. We are unable to accommodate any changes made over the phone or by email. (Please note the program has a 5 lunch order minimum and lunches may not be available.)	
August 21 Sponsored by Hillsboro Estate Group	25 Lunch Served @ 12:30 BINGO Mahjong	26	27 Lunch Served @ 12:30 GAME DAY	28		
