


July		Aging Ahead - South County Senior Resource Center						2025	
		225 Lemay Ferry, Lemay Mo. 63125 - (314) 631-8698							
		ACTIVITY CALENDAR							
Monday		Tuesday		Wednesday		Thursday		Friday	
30	Paper Bingo 10:00-11:45 Please bring a paper item, toilet paper, paper towels, etc.. Farmers Market Sign up 1:00	1	Bingocize Bingo plus easy Exercise Mah Jongg 9:30-11:00 Line Dancing 1:00	2	Archwell Sponsered music Bingo with Tamra! 10:00-11:30	3	Bingocize Bingo plus easy Exercises 10:00-11:00 Mah jongg Game 1:00	4	Closed For 4th of july 
7	Pantry Bingo Bring Can or box food Item 10:00 - 11:45 Farmers Market Sign up- 1:00	8	School of Meta Physics Inner Secrets of Dreams 10:00 am-11:00 Line Dancing 1:00 Mah Jongg-9:00am	9	Chair Yoga 9:15-9:45am Snack-Attack Bingo 10:00 Please bring store wrapped treats Support Com Meeting 1:00	10	Bingocize Bingo plus easy Exercises 10:00-11:00 Ice Cream Social Mah jongg Game 1:00	11	Mike and Pam Music, Kareoke, Dancing!! 10:00-11:30
14	Paper Bingo 10:00-11:45 Please bring a paper item, toilet paper, paper towels, etc.. Farmers Market Sign up 1:00	15	Bingocize Bingo plus easy Exercises 10:00-11:00 Mah Jongg 9:30-11:00 Line Dancing 1:00	16	Chair Yoga 9:15-9:45am Personal Care Bingo 10:00 -11:45 Please bring a hygiene item: soap, shampoo	17	Matter Of Balance Class with BJC 10:00-11:30pm Mah Jongg 1:00pm	18	Learn about Aging Ahead Together and the services we offer 10:00-11:00 Bingo to follow
21	Snack Attack Bingo 10:00-11:45 Bring store bought wrapped treats Farmers Market Sign up 1:00	22	Mah Jongg 9:30-11:00 Line Dancing 1:00	23	Chair Yoga 9:15-9:45am Snack-Attack Bingo 10:00 Please bring store wrapped treats	24	Matter Of Balance Class with BJC 10:00-11:30pm Mah jongg Game 1:00	25	Garden Place Sponsered Bingo with Pam 10:00-11:30 Donuts and Coffee to start your day!
28	Pantry Bingo Bring Can or box food Item 10:00 - 11:45 Farmers Market Sign up- 1:00	29	Birthday Celebration Cake and Ice Cream 10:00-11:00 Mah Jongg 9:30-11:00 Line Dancing 1:00	30	Chair Yoga 9:15-9:45am Personal Care Bingo 10:00 -11:45 Please bring a hygiene item: soap, shampoo	31	Center Closed for Town Hall Meeting Community Welcome! No Activities/Lunch		

Activities May Change Without Notice