

June		Aging Ahead - Wentzville Senior Center				2025			
		RESERVATIONS REQUIRED		636-327-8720					
		LUNCH IS SERVED 11:30-12:15							
Monday		Tuesday		Wednesday		Thursday		Friday	
2	Black Garlic & Ranch Chicken Tenders Roasted Spring Vegetables Whole Grain Sun Chips Mixed Fruit Cup	3	Pesto Chicken Italian Vegetable Blend Harvard Beets Sliced Peaches California Pasta Salad Garlic Bread	4	Fiesta Turkey Chili with Sweet Corn Whole Grain Sun Chips Applesauce	5	Grass-Fed Beef Burger W/Cabernet Onions Wisconsin Cheddar And Green Beans Whole Grain Muffin Dices Pears	6	Sour Cream & Onion Chicken Cheesy Broccoli Black Eyed Peas Fruit Jello Salad Wheat Roll Chocolate Muffin
9	Parmesan Crusted Chicken Roasted Vegetables Granola Bar Mandarin Orange Cup	10	Spaghetti & Meatballs Green Beans Grape Salad Garlic Bread	11	Balsamic Steak And Vegetables Whole Grain Sun Chips Tropical Fruit Cup	12	Cheesy Baked Hashbrown Breakfast Casserole Whole Grain Muffin Fruit Juice	13	Breakfast Corn Dog Egg Patty Breakfast Potatoes Apple Juice Orange Cereal Cup
16	Hot Honey Rotisserie Turkey Brown Butter Sweet Potatoes Granola Bar Strawberry Applesauce	17	Pork Tenderloin w/ Gravy Great Northern Beans Creamed Corn Orange Coconut Dessert Wheat Bread Chocolate Chip Cookie	18	Beef Burrito Bowl W/Black Beans Fire Roasted Corn & Queso Blanco Whole Grain Sun chips Mixed Fruit Cup	19	Closed Juneteenth	20	Beef Chili Mac California Vegetable Blend Apple Corn Bread
23	Miso-Glazed Chicken Asian Vegetable Blend Whole Grain Muffin Mandarin Orange Cup	24	Smothered Porkchops Beans Chefs Mixed Vegetables Peach Cobbler Wheat Roll Goldfish	25	Street Corn Chicken & Rice Bowl Whole Grain Sun chips Diced Pears Cup	26	General Tso's Chicken With Jasmine Rice Granola Bar Tropical Fruit Cup	27	Open Face Turkey Sandwich Garlic Green beans Cheesy Cauliflower Honeydew Wheat Bread
30	Sliced Sirloin With Roasted Peanut Sauce Summer Vegetables Whole Grain Sun Chips Mixed Fruit Cup		*60 AND OVER- \$5.00 *60 AND UNDER? -\$10.00 * PLEASE REMEMBER TO RESERVE LUNCH 1 WEEK IN ADVANCE!!!		The suggested donation for all senior meals is \$5.00 All donations are appreciated!				
Daily Menus May Change Without Notice									