



May		Aging Ahead - Washington Senior Center			2025
		We are open 9am-2pm, Mon. thru Fri.			
		Call: 636-239-3374 for more information			
Monday		Tuesday	Wednesday	Thursday	Friday
Center will be closed May 2 through May 9 Moving to KC Hall Will reopen May 12		Computer Help By appointment Call: 636-239-3374		1 Stretch & Strength 9am Coffee & Conversation Support Committee 12:30 Pinochle 9 am	2 Closed for move
5 Closed for move		6 Closed for Move		7 Closed for move	8 Closed for move
12 Chair Yoga 9 am w/ Regan Caruthers WELCOME BACK! Line Dancing w/ Lynda Merrill 12:30		13 Stretch & Strength 9am BINGO 10:30 by: Support Committee	14 ART CLASS 9:30 Stretch & Strength 9am	15 Stretch & Strength 9am Coffee & Conversation 10am Pinochle 9am	16 Tai-Chi Sam White Elephant B-I-N-G-O 10:30am Bring a food item or paper product Various Card Games 12:30
19 Chair Yoga 9 am w/ Regan Caruthers Line Dancing w/ Lynda Merrill 12:30		20 Stretch & Strength 9am BINGO 10:30 By: Support Committee Snacks & jokes provided by: Missouri Farm Bureau Ins. & Pat the Donut Man Stretch & Strength 9am	21 ART CLASS 9:30 Stretch & Strength 9am	22 Stretch & Strength 9am Coffee & Conversation 10 AM Pinochle 9am	23 Tai-Chi Sam White Elephant B-I-N-G-O 10:30am Bring a food item or paper product Various Card Games 12:30
26 Closed Memorial Day 		27 Stretch & Strength 9am BINGO 10:30 By: Support Committee	28 ART CLASS 9:30 Stretch & Strength 9am	29 Stretch & Strength 9am Coffee & Conversation 10am 10:00 AM Pinochle 9am	30 Tai-Chi Sam White Elephant B-I-N-G-O 10:30am Bring a food item or paper product Various Card Games 12:30

2