


May		Aging Ahead - Ferguson Center			2025
Monday		Tuesday	Wednesday	Thursday	Friday
		LUNCH	Visit our website at	1st	2nd
		RESERVATION REQUIRED 314-867-5661 SUGGESTED DONATION IS \$5	agingahead.org to Register for CHOICE Programs or call Emily at 636-207-0847	Coffee/Tea at 9am Bingo 10:15am-11:15am \$1 to play Lunch at 11:30am	Coffee/Tea at 9am Movie Day at 9:30am Lunch at 11:30am
5th	Coffee/Tea at 9am Lunch at 11:30am	6th	Coffee/Tea at 9am Bingo 10:15am-11:15am \$1 to play Lunch at 11:30am	7th	Coffee/Tea at 9am Chair Yoga/Exercise with Christina at 10am Lunch at 11:30am
				8th	Coffee/Tea at 9am Mothers Day Celebration Wear Your Favorite Hat Bingo 10:15am-11:15am Birthday Celebrations Lunch at 11:30am
12th	Coffee/Tea at 9am Lunch at 11:30am	13th	Coffee/Tea at 9am Bingo 10:15am-11:15am \$1 to play Lunch at 11:30am	14th	Coffee/Tea at 9am Chair Yoga/Exercise with Christina at 10am Lunch at 11:30am
				15th	Coffee/Tea at 9am Support Committee Meeting at 9am-9:45am Bingo 10:15am-11:15am \$1 to play Lunch at 11:30am
19th	Coffee/Tea at 9am Lunch at 11:30am	20th	Coffee/Tea at 9am Bingo 10:15am-11:15am \$1 to play Lunch at 11:30am	21st	Coffee/Tea at 9am Chair Yoga/Exercise with Christina at 10am Lunch at 11:30am
				22nd	Coffee/Tea at 9am Bingo 9:45am-10:45am \$1 to play WashU Lunch & Learn 11am-11:30am Lunch at 11:30am
26th	Center Closed Memorial Day	27th	Coffee/Tea at 9am Bingo 10:15am-11:15am \$1 to play Lunch at 11:30am	28th	Coffee/Tea at 9am Chair Yoga/Exercise with Christina at 10am Lunch at 11:30am
				29th	Coffee/Tea at 9am Bingo 10:15am-11:15am \$1 to play Lunch at 11:30am
				30th	Coffee/Tea at 9am Movie Day at 9:30am Lunch at 11:30am

