



MAY 2025



Aging Ahead Arnold
Monday & Wednesday
12:30 PM Lunch
1-2:30 PM Activity
Jessica 314-413-1240

BINGO PRIZES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
For Mondays April 28 Favorite Beverage any type of drink	28 Lunch Served @ 12:15 Bingo Mahjong	29 	30 Lunch Served @ 12:15 Presentation from Human Lifespan Development Class	1 	2 
May 5 Sponsored by Autumn Ridge	5 Lunch Served @ 12:15 Bingo Mahjong	6 	7 Lunch Served @ 12:15 BUNCO	8 	
MAY 12 Spa Day Items for the shower or bath.	12 Lunch Served @ 12:15 Bingo Mahjong	13 	14 Lunch Served @ 12:15 Rock Painting	15 	Lunch must be ordered a week in advance. We are unable to make changes to your meal order after registration. If you registered without ordering a lunch and would like to change that to a meal, please reregister with your meal order. We are unable to accommodate any changes made over the phone or by email. (Please note the program has a 5 lunch order minimum and lunches may not be available.)
MAY 19 Sponsored by Comprehensive Benefits	19 Lunch Served @ 12:15 Bingo Mahjong	20 	21 Lunch Served @ 12:15 Lline Dancing	22 	
	26 	27 	28 Lunch Served @ 12:15 BINGO	29 	