

May		Affton Senior Center						2025	
		8520 Mackenzie Rd 314-544-5100							
		Menu Subject to Change without Notice							
Monday		Tuesday		Wednesday		Thursday		Friday	
						1	Chicken Sandwich w/LTOP Mayo Steamed Carrots Potato Salad Baked Cinnamon Apples Wheat Bun	2	Breakfast Corn Dog Egg Patty Potatoes Juice Strawberries Ceareal Bowl
5	Philly Cheesesteak Sandwich Green Beans Coleslaw Hot Spiced Peaches Hoagie Roll	6	Pork Chops W Gravy Cornbread Dressing Cauliflower Mixed Vegetables Fruit In Jello Wheat Bread	7	Chef Salad Cantaloupe Crackers Granola Bar	8	Chicken Tenders French Fries Green Peas Blueberries Wheat Roll Goldfish	9	Beef Chili Mac California Veg Blend Apples Cornbread
12	Walking Tacos Lettuce,Tom,Onion Cheese Black beans Corn Blend Applesauce Chips & Muffin	13	Meatball Sub W sauce & Cheese Tator Tots Baked Beans Fruit Cocktail Wheat Bun	14	Open Face Turkey W Gravy Garlic Green Beans Cheesv Cauliflower Honeydew Wheat Bread	15	Lemon Pepper Chicken Roasted Potatoes Roasted Carrots Pineapple Tidbits Wheat Roll Choc Chip Cookie	16	Flounder Fillet Roasted Asparaqus Pacific Blend Blackberries Lemon Pasta Vanilla Wafers
19	Sub Sandwich Ham,Turkey,Cheese Lettuce Tomatoes Potato Salad Chips Banana Three Bean Salad	20	BBQ Chicken Breast Baked Beans Key Largo Blend Watermelon Mac&Cheese Cornbread	21	Salisbury Steak With Gravy Mashed Potatoes Brussel Sprout Fruit Cocktail Wheat Roll Teddy Graham	22	Egg Roll Bowl Stir Fried Veg Mandarin Oranges Fried Rice Wheat Roll	23	Western Omelet Peppers & Onoins Fried Potatoes Orange Juice Strawberries Donut Holes Cereal Bar
26	CENTER CLOSED MEMORIAL DAY	27	Pot Roast Cheesv Ranch Potato Succotash Apple Cobbler Wheat Rolls Graham Crackers	28	Herb Crusted Fish Macaroni and Cheese Sauteed Cabbage Roasted Tomatoes Grapes Hushpuppies	29	Ceasar Salad Chicken Wrap Coleslaw Fresh Veggies With Ranch Dip Fruit & Yogurt Parfait Wheat Crackers	30	Chicken Broccoli Rice Casserole Cauliflower Fruit Fluff Breadstick