


May

Aging Ahead - Washington Senior Center

2024

Reservations required:636-239-3374 Lunch is served 11:45-12:30

We are located at 1459 West 5th St. Lower level of Elks

Monday		Tuesday		Wednesday		Thursday		Friday	
<p>DUE TO THE RISING COST OF FOOD THE SUGGESTED DONATION IS \$5 A MEAL IF YOU ARE 60 OR OLDER.</p> <p>UNDER 60 CHARGE OF \$10</p>		<p>To help offset the rising cost of food, we are doing THE ITEM OF THE MONTH The item for MAY is: STICK MARGARINE Every donation large or small makes a difference!</p>		<p>1 Ham and Beans Seasoned Spinach Cornbread Berries Cereal Bar</p>		<p>2 Chicken Pot Pie w/ Biscuits Brussels Sprouts Pickled Beets Home Made Banana Pudding</p>		<p>3 Mostacoli w/ Meat Sauce & Mozzarella Cheese Garden Salad Italian Vegetables Fruit Cobbler Garlic Bread</p>	
<p>6 Cheese Stuffed Pasta w/ Tomato Sauce Broccoli Blushing Pears Breadstick</p>		<p>7 Western Omelet w/ Ham, Peppers, Onions & Cheese Potatoes O'brien Home Made Banana Bread Fresh Fruit Fruit Juice Breakfast Cereal</p>		<p>8 Pork Bratwurst w/ Sauerkraut Wheat Bun Mashed Potatoes Chef's Roasted Vegetables Tropical Fruit</p>		<p>9 Stuffed Green Peppers w/Beef, Rice & Tomato Sauce Creamed Corn Fruited Gelatin Wheat Roll</p>		<p>10 <i>Happy Mother's Day!</i> Crispy Oven Fried Chicken Stir Fry Vegetables Sweet Peas Mac & Cheese Karen's Home Made Peaches & Cream Cake</p>	
<p>13 TACO BAR Shredded Pork/Tortillas Refried Beans Fiesta Corn Seasoned Rice Pineapple Tidbits ALL THE FIXINGS</p>		<p>14 Chicken Parmesan w/ Tomato Sauce & Mozzarella over Spaghetti Broccoli Roasted Italian Vegetables Fruit Garlic Bread</p>		<p>15 Turkey Club w/ Cheddar on a Croissant w/ Lettuce Tomato and Bacon Mayo Fresh Vegetables w/ Creamy Hummus 3-Bean Salad Fresh Melon</p>		<p>16 Lemon Pepper Fish Parmesan Tomatoes Sugar Snap Peas Rice Pilaf Hushpuppies Fruit Fluff</p>		<p>17 Beef Tips w/ Mushroom Gravy Mashed Potatoes Roasted Zucchini Mixed Berries/Wheat Roll Karen's Home Made Bread Pudding</p>	
<p>20 Crab Cakes Wheat Bun Chef's Vegetable Soup Seasoned Green Peas Fruit</p>		<p>21 Jeannie's Potato Crusted Pork Chops w/ Country Gravy Whipped Potatoes Brussels Sprouts Cornbread Strawberry Shortcake</p>		<p>22 Meatballs & Brown Gravy over Egg Noodles Chef's Vegetable Blend California Vegetables Grape Salad Wheat Bread</p>		<p>23 Breakfast Casserole w/ Tots, Sausage & Cheese Fresh Fruit Fruit Juice Biscuits Cereal Bar</p>		<p>24 BBQ Chicken Corn on the Cob Green Beans Macaroni Salad Wheat Roll Smoes Pie Fresh Melon</p>	
<p>27 CLOSED for MEMORIAL DAY</p> 		<p>28 Beef Hot Dog Wheat Bun Baked Beans Fresh Vegetables w/ Ranch Dressing Fruit Crisp</p>		<p>29 Beer Battered Fish Cole Slaw Tomatoes & Zucchini Pinapple Nut Salad HushPuppies Karen's Home Made Spiced Apple Bread</p>		<p>30 Jeannie's Home Made Meatloaf Italian Potatoes Broccoli & Cheese Sauce Wheat Roll Mixed Berry Tortoni Fig Bar</p>		<p>31 Lora's Sunshine Salad Mixed Greens w/ Chicken Grapes, Feta Cheese, Strawberries & Oranges Sun Chips Wheat Crackers</p>	