

MAY

**Aging Ahead - ST. CLAIR**

636-629-2187

2024

**Congregate Menu**

Monday		Tuesday		Wednesday		Thursday		Friday	
				1	BBQ BURGERS POTATO WEDGES	2	BUTTERFLIED SHRIMP STEWED TOMATOES	3	ITALIAN SALAD APPLESAUCE
					GREEN BEAN CASSEROLE		SNAP PEAS		WHEAT CRACKERS
					TROPICAL FRUIT		SPICED PEARS		MUFFIN
					TEXAS TOAST		WHEAT BUN		
							GRANOLA BAR		
					MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
6	STUFFED PEPPER CASSEROLE	7	CHEESE RAVIOLI CREAMED SPINACH	8	BAKED TERIYAKI CHICKEN STIR FRIED BLEND VEG	9	BEER BATTERED COD TOMATO/ZUCCHINI	10	BBQ PORK RIBLET BUTTERNUT SQUASH
	SUCCOTASH		BLUSHING PEARS		PEAS		CORN		CURLY FRIES
	JELLO W/FRUIT		BREAD STICKS		DREAMSICLE DESSERT		PINEAPPLE SALAD		BANANA
	TORTILLA CHIPS				FRIED RICE		HUSHPUPIES		WHEAT BUN
					EGG ROLL		MUFFIN		
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
13	CHICKEN BROCCOLI ALFREDO	14	LEMON PEPPER FISH GARLIC BUTTER NOODLES	15	TURKEY CLUB WRAP FRESH VEGGIES	16	BEEF TIPS W/MUSHROOM GRAVY/MASHED POTATO	17	BBQ PULLED PORK FIESTA CORN
	ITALIAN BLEND VEG		PEAS		CUCUMBER SALAD		ROASTED ZUCCHINI		PINTO BEANS
	TROPICAL FRUIT CUP		CARROTS		ORANGES		MIXED BERRIES		PINEAPPLE
	GARLIC BREAD		CINN APPLES				BROWNIE		WHEAT BUN
			FIG BAR				DINNER ROLL		
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
20	SEASONED BAKED CHICKEN GREEN BEANS	21	BRATWURST/GRILLED PEPPERS AND ONIONS	22	SWEDISH MEATBALLS CALIFORNIA BLEND	23	PORK TENDERLOIN BRUSSEL SPROUTS	24	SWEET POTATOTOT CASSEROLE ORANGE
	GLAZED CARROTS		BAKED BEANS		BLACK EYED PEAS		YELLOW SQUASH		SPICED PEARS
	FRUIT COCKTAIL		CURLY FRIES		BANANA		STRAWBERRY ANGEL FOOD		WHEAT BREAD
	MAC AND CHEESE		PEACHES		EGG NOODLES		CORNBREAD		CEREAL
	WHEAT ROLL		HOT DOG BUN		WHITE BREAD				
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
27	SALSA CHICKEN BLACK BEANS	28	BEEF HOT DOG FRIES	29	MEATLOAF AU GRATIN POTATOES	30	CHICKEN CACCIATORI SAUTEED SPINACH	31	HAM AND BEANS MIXED VEG
	CHEESEY CAULIFLOWER		MIXED VEG		STEAMED BROCCOLI		ORANGE JELLO W/FRUIT		BLACKBERRIES
	WATERMELLON		MANDARIN ORANGES		STRAWBERRIES		GARLIC BREAD		CORNBREAD
	SPANISH RICE		HOT DOG BUN		WHEAT ROLL				COOKIE
	COOKIE		MUFFIN		CEREAL BAR				
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE