







May

Aging Ahead- Quad Cities

221 Bailey Road Crystal City, MO 63019

636-937-8333

2024

Monday		Tuesday		Wednesday		Thursday		Friday	
	Lunch is served daily 11:30 <i>The suggested donation for all senior meals is \$5.00</i> <i>All donations are appreciated</i>		Center hours of operation Monday through Friday 9:00 am - 2:00 pm	1	Dominoes 9:30-11:30	2	Crafts with Shelley 10:00-11:30 Walking w/Bette 12:30-1:00	3	Bingo w/Autumn Ridge 10:30-11:30 
6	<i>it's GAME DAY y'all</i>	7	Support Committee Meeting 9:30-10:30 Stretch Exercise 10:30-11:30	8	Dominoes 9:30-11:30	9	 10:00	10	Bingo w/Festus VFW 10:30-11:30 
13	Card Making Class 9:30-11:30 ♪ 12:15-1:15	14	Stretch Exercise 10:30-11:30	15	Dominoes 9:30-11:30	16	Dominoes w/Pat 10:00-11:30 Walking w/Bette 12:30-1:00	17	Bingo w/Festus VFW 10:30-11:30 
20	Card Making Class 9:30-11:30 ♪ 12:15-1:15	21	Stretch Exercise 10:30-11:30	22	Dominoes 9:30-11:30	23	Board Games 9:30-11:30 Walking w/Bette 12:30-1:00	24	Bingo w/Festus VFW 10:30-11:30 
27	Center Closed 	28	Stretch Exercise 10:30-11:30	29	Dominoes 9:30-11:30	30	Music w/Sandy & Sam 10:15 Walking w/Bette 12:30-1:00	31	Bingo w/Festus VFW 10:30-11:30 Birthday Party 12:15-1:15