	Aging Ahead - O'Fallon Center Menu			
MAY	RESERVATIO	NS REQUIRED	636-272-4180	2024
	LUNC			
Monday	Tuesday	Wednesday	Thursday	Friday
MILK IS INCLUDED IN ALL MEALS MENU IS SUBJECT TO CHANGE 60 AND OVER- \$5.00 UNDER 60? - \$10.00	PLEASE CALL ONE WEEK IN ADVANCE FOR RESERVATIONS. ALWAYS, ALWAYS, PLEASE CALL IF YOU CAN'T MAKE IT HERE	1 BBQ BURGERS POTATO WEDGES GREEN BEAN CASSEROLE APPLE CRISP TEXAS TOAST	2 SALSA CHICKEN BLACK BEANS CORN SPANISH RICE WHEAT BREAD PINEAPPLE CHUNKS	3 TUNA SALAD SLIDERS CUCUMBERS AND TOMATOES STRAWBERRIES WHEAT ROLLS
6 STUFFED PEPPERS SUCCOTASH APRICOTS RICE TORTILLA CHIPS	7 CHEESE RAVIOLI CREAMED SPINACH BLUSHING PEARS BREADSTICK	8 BAKED TERIYAKI CHICKEN STIR FRY BLEND VEG. DREAMSICLE DESSERT FRIED RICE EGG ROLL	9 BRATWURST W/ GRILLED ONIONS & PEPPERS BAKED BEANS CURLY FRIES STEWED APPLES AND RAISINS WHEAT BUN	10 HAM SALAD COLE SLAW 3 BEAN SALAD DICED PEACHES CROISSANT
13 CHICKEN BROCCOLI ALFREDO ITALIAN BLEND VEG. TROPICAL FRUIT CUP GARLIC BREAD	14 TURKEY CLUB ON WHEAT BUN CUCUMBER SALAD POTATO SALAD APPLESAUCE WHEAT BUN	15 PARMESEAN TOMATOES GREEN BEANS FRUIT PARFAIT HUSHPUPPIES RICE PILAF	16 BEEF TIPS WITH MUSHROOM GRAVY MASHED POTATOES ROASTED ZUCCHINI MIXED BERRIES WHEAT ROLL BROWNIE	17 FIESTA CORN PINTO BEANS PINEAPPLE TIDBITS TORTILLA
20 SEASONED BAKED CHICKEN GREAN BEANS GLAZED CARROTS DICED PEARS MAC & CHEESE WHEAT ROLL	21 SHRIMP PO BOY SANDWICH STEWED TOMATOES SNAP PEAS GRAPES WHEAT BUN	22 SWEDISH MEATBALLS CALIFORNIA BLEND VEG BLACKEYED PEAS BANANA EGG NOODLES WHITE BREAD	23 PORK CHOP BRUSSELS SPROUTS YELLOW SQUASH STRAWBERRY ANGEL FOOD CAKE BISCUIT	24 EGG FRITATTA POTATOES O'BRIEN ORANGE JUICE APPLE BISCUIT BREAKFAST CEREAL
27 TURKEY PESTO SANDWICH COLESLAW MARINATED VEGETABLE SALAD FRUIT COCKTAIL CIABATTA ROLL	28 BEER BATTERED COD TOMATOES & ZUCCHINI CORN PINEAPPLE NUT SALAD HUSHPUPPIES APPLE CINNAMON MUFFIN	29 MEATLOAF MASHED POTATOES STEAMED BROCCOLI STRAWBERRIES WHEAT ROLL CEREAL BAR	30 CHICKEN CACCIATORE SAUTEED SPINACH PEACH COBBLER SPAGHETTI NOODLES GARLIC BREAD	31 HOT DOG BAKED BEANS SEASONED FRIES STEWED APPLES WHEAT BUN