


| May  |  | Ferguson Senior Center Activity Calendar   |  |   | 2024   |  |
|--|--|--|--|---|--|--|
| Monday   |  | Tuesday  | Wednesday  | Thursday  | Friday   |  |
| <b>LUNCH RESERVATION<br/>REQUIRED<br/>314-867-5661</b><br><br><b>SUGGESTED<br/>DONATION IS \$5</b> |  |   | <b>1st</b><br>Coffee/Tea 9am<br>Chair Yoga/Exercise<br>with Christina 10am<br><br>Lunch 11:30am      | <b>2nd</b><br>Coffee/Tea 9am<br><br>Bingo 10:15am-11:15am<br>\$1 to play<br>Lunch 11:30am   | <b>3rd</b><br>Coffee/Tea 9am<br><br>Lunch 11:30am  |  |
| <b>6th</b><br>Coffee/Tea 9am<br><br>Lunch 11:30am  |  | <b>7th</b><br>Coffee/Tea 9am<br><br>Bingo 10:15am-11:15am<br>\$1 to play<br><br>Lunch 11:30am  | <b>8th</b><br>Coffee/Tea 9am<br><br>Chair Yoga/Exercise<br>with Christina 10am<br><br>Lunch 11:30am  | <b>9th</b><br>Coffee/Tea 9am<br>Wear your Favorite Hat<br>Bingo 10:15am-11:15am<br>\$1 to play<br>Archwell Bingo Sponsor<br>Lunch 11:30am | <b>10th</b><br>Coffee/Tea 9am<br><br>Library Craft<br>10am<br><br>Lunch 11:30am  |  |
| <b>13th</b><br>Coffee/Tea 9am<br><br>Lunch 11:30am   |  | <b>14th</b><br>Coffee/Tea 9am<br>Support Committee Meeting<br>9:15am-10:15am<br>Bingo 10:15am-11:15am<br>\$1 to play<br>Lunch 11:30am  | <b>15th</b><br>Coffee/Tea 9am<br><br>Chair Yoga/Exercise<br>with Christina 10am<br><br>Lunch 11:30am | <b>16th</b><br>Coffee/Tea 9am<br>Bingo 10:15am-11:15am<br>\$1 to play<br>Wash U Lunch n Learn<br>on memory loss & aging<br>Lunch 11:30am  | <b>17th</b><br>Coffee/Tea 9am<br><br>Lunch 11:30am   |  |
| <b>20th</b><br>Coffee/Tea 9am<br><br>Lunch 11:30am   |  | <b>21st</b><br>Coffee/Tea 9am<br>Birthday Celebrations<br>wear the colors<br>Black and White<br>Bingo 10:15am-11:15am<br>Lunch 11:30am | <b>22nd</b><br>Coffee/Tea 9am<br><br>Chair Yoga/Exercise<br>with Christina 10am<br><br>Lunch 11:30am | <b>23rd</b><br>Coffee/Tea 9am<br><br>Bingo 10:15am-11:15am<br>\$1 to play<br><br>Lunch 11:30am  | <b>24th</b><br>Coffee/Tea 9am<br><br>Lunch 11:30am   |  |
| <b>27th</b><br>Coffee/Tea 9am<br><br>Lunch 11:30am   |  | <b>28th</b><br>Coffee/Tea 9am<br><br>Bingo 10:15am-11:15am<br>\$1 to play<br>Lunch 11:30am   | <b>29th</b><br>Coffee/Tea 9am<br>Chair Yoga/Exercise<br>with Christina 10am<br><br>Lunch 11:30am     | <b>30th</b><br>Coffee/Tea 9am<br><br>Bingo 10:15am-11:15am<br>\$1 to play<br>Lunch 11:30am  | <b>31st</b><br>Coffee/Tea 9am<br><br>Lunch 11:30am<br>Visit our website at<br><a href="http://agingahead.org">agingahead.org</a> |  |

