

May	Aging Ahead DeSoto Senior Center				2024
	(636) 337-7578				
	Senior Center Activity Calendar				
	Tuesday	Wednesday	Thursday	Friday	
PLEASE MAKE RESERVATION IN ADVANCE	LUNCH SERVED AT 11:30 A.M. TO NOON	1 PLEASE DOUBLE CHECK AND SEE IF YOU ARE DOWN FOR LUNCH	2 Exercise with 9:30 to 10:30  Students from Jefferson Collage will be here 11:15 to noon.	3 Cards 10-2	
6 Exercise with Kathy 10-11  Cards 10-2	7 Exercise with Cassidy 9:30 to 10:30  Bingo 12 to 1	8 Word Search book  Cards 10-2	9 Exercise with Cassidy 9:30 to 10:30  Music by 3 Amigo 10:30 to Noon Come listen to them.	10 Cards 10-2	
13 Exercise with Kathy 10-11  Cards 10-2	14 Exercise with Cassidy 9:30 to 10:30 Support Committee Meeting 10:00  Bingo 12 to 1	15 Cards 10-2	16 Exercise with Cassidy 9:30 to 10:30 Autumn Ridge Bingo 10 30 to 11 Domino's 12 to 1 :00	17 Cards 10-2	
20 Exercise With Kathy 10-11  Cards 10-2	21 Exercise with Cassidy 9: 30 to 10;30  Bingo 12 to 1	22 Cards 10-2	23 Exercise with Cassidy 9:30 to 10:30  Domino's 12 to 1 :00	24 Cards 10-2	
27 Center closed for Memorial Day Have a Safe Memorial Day	28 Exercise with Cassidy 9:30 to 10:30	29 Cards 10-2	30 Exercise with Cassidy 9:30 to 10:30  Domino's 12 to 1 :00	31 Cards 10 -2  <a href="mailto:desoto@agingahead.org">desoto@agingahead.org</a>	