

# May

## Aging Ahead Affton Senior C

314-544-5100 8520 Mackenzie Rd., Affton, MO

### Senior Center Activities

Monday

Tuesday

Wednesday

**THE SUGGESTED  
DONATION for SENIOR  
MEALS is \$5.00.**

**ANY DONATION IS  
APPRECIATED!!**



		<b>1</b>	<b>2</b>
		11:15 St. Louis County Library 11:30 Lunch	
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
10:00 Bingo 11:30 Lunch 12:30 Music	11:30 Lunch	10:00 Word Game 11:30 Lunch	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
10:00 Bingo with Nancy S. 12:00 Support Committee Meeting 11:30 Lunch 12:30 Music	11:30 Lunch	11:15 St. Louis County Library 11:30 Lunch	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
10:00 Bingo 11:30 Lunch 12:30 Music	11:30 Lunch	10:00 Music Bingo with Archwell Health 11:30 Lunch	
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Center closed for Memorial Day	11:30 Lunch	11:30 Lunch	

enter

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# 2024

*Thursday*

*Friday*



**3**

10:00 Yahtzee  
11:30 Lunch  
12:30 Hope Crafters

10:00 Bingo with  
Garden Villas South  
11:30 Lunch  
1:00 Chair Yoga

**10**

10:00 Affton Friends  
11:30

10:00 Bingo with  
Caring Hands In Home Care  
11:30 Lunch  
1:00 Chair Yoga

**17**

10:00 Uno  
11:30 Lunch  
12:30 Hope Crafters  
1pm - Bayless JH performance

10:00 Bingo  
with All Family Care  
11:30 Lunch  
1:00 Chair Yoga

**24**

10:00 Affton Friends  
11:30 Lunch  
12:30 Hope Crafters

10:00 Bingo  
11:30 Lunch  
1:00 Chair Yoga

**31**

11:30 Lunch

11:30 Lunch