








April

Aging Ahead Sullivan - Senior Center Activities

2024

Monday		Tuesday		Wednesday		Thursday		Friday	
1	CLOSED FOR VOTING	2	CLOSED FOR VOTING	3	CLOSED FOR VOTING	4	CHAIR WORKOUT @9:30  10:00-11:00AM LUNCH 11:00A-12:00P	5	CANASTA 9-1PM  SUPPORT COMM. MTG 1:00-2:00P
8	CHAIR WORKOUT @9:30  10:00-11:00AM SILENT AUCTION - THU LUNCH 11:00A-12:00P	9	NON-DENOMINATION BIBLE STUDY @ 9-10A SHUFFLEBOARD @10A SILENT AUCTION - THU LUNCH 11:00A-12:00P	10	UTUBE WORKOUT @9:30 CANASTA 9:00AM-1:00PM  SILENT AUCTION - THU LUNCH 11:00A-12:00P	11	CHAIR WORKOUT @9:30  10:00-11:00AM MINDFULNESS @11 SILENT AUCTION - TIL 10A LUNCH 11:00A-12:00P	12	CANASTA 9:00A-1:00P  LUNCH 11:00A-12:00P
15	CHAIR WORKOUT @9:30  10:00-11:00AM LUNCH 11:00A-12:00P	16	NON-DENOMINATION BIBLE STUDY @ 9-10A SHUFFLEBOARD @10A LUNCH 11:00A-12:00P	17	UTUBE WORKOUT @9:30 CANASTA 9:00AM-1:00PM  LUNCH 11:00A-12:00P	18	CHAIR WORKOUT @9:30  10:00-11:00AM LIBRARY @ 11-12 LUNCH 11:00A-12:00P	19	CANASTA 9:00-11:00A  LUNCH 11:00A-12:00P
22	CHAIR WORKOUT @9:30  10:00-11:00AM LUNCH 11:00A-12:00P	23	NON-DENOMINATION BIBLE STUDY @ 9-10A SHUFFLEBOARD @10A LUNCH 11:00A-12:00P	24	UTUBE WORKOUT @9:30 CANASTA 9:00AM-1:00PM  LUNCH 11:00A-12:00P	25	CHAIR WORKOUT @9:30  10:00-11:00AM LUNCH 11:00A-12:00P CRAFT W/DREA @11:30 BDAY CAKE & ICECREAM 	26	CANASTA 9:00A-1:00P  LUNCH 11:00A-12:00P
29	CHAIR WORKOUT @9:30  10:00-11:00AM LUNCH 11:00A-12:00P	30	NON-DENOMINATION BIBLE STUDY @ 9-10A SHUFFLEBOARD @10A LUNCH 11:00A-12:00P	PLEASE CALL THE CENTER THE WEEK BEFORE FOR LUNCH RESERVATIONS THANK YOU! 573-468-3766 SULLIVANSCA@AGINGAHEAD.ORG		CENTER OPEN: MONDAY-FRIDAY 9:00AM - 2:00PM 730 W.MAIN ST SULLIVAN, MO. 63080 573-468-3766		