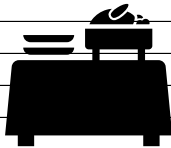

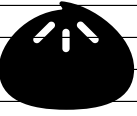


APRIL	<b>Aging Ahead - ST. CLAIR</b>				2024
	636-629-2187				
	<b>Congregate Menu</b>				

<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>		<i>Friday</i>	
<b>1</b>	CHICKEN BROCCOLI ALFREDO	<b>2</b>	TURKEY CLUB WRAP VEGGIES AND RANCH	<b>3</b>	PORK TACOS CORN SALAD	<b>4</b>	GAME DAY HOT DOG CHIPS	<b>5</b>	LEMON PEPPER FISH PARM TOMATOES
	ITALIAN BLEND VEG		CUCUMBER SALAD		PINTO BEANS		BAKED BEANS		GREEN BEANS
	TROPICAL FRUIT CUP		APPLE SAUCE		PINEAPPLE TIDBITS		PEA		FRUIT PARFAIT
	GARLIC BREAD				BROWN RICE		MANDARIN ORANGES		DINNER ROLL
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		RICE PILAF
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
<b>8</b>	SEASONED BAKED CHICKEN/ PEA SALAD	<b>9</b>	BAKED COD STEWED TOMATOES	<b>10</b>	SWEDISH MEATBALLS CALIFORNIA BLEND VEG	<b>11</b>	PORK TENDERLOIN BRUSSEL SPROUTS	<b>12</b>	SWEETPOTATO TOT CASSEROLE
	GLAZED CARROTS		SNAP PEAS		BLACK EYED PEAS		MASHED POTATOES		PEARS
	FRUIT COCKTAIL		PEACHES		BANANA		STRAWBERRY ANGEL		ORANGE
	MAC AND CHEESE		WHEAT BUN		NOODLES		FOOD CAKE		WHEAT BREAD
	WHEAT ROLL		GRANOLA BAR		WHITE BREAD		CORN BREAD		BREAKFAST CEREAL
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
<b>15</b>	BEER BATTERED COD TOMATOES AND ZUCCHINI	<b>16</b>	TURKEY PESTO SANDWICH POTATO SALAD	<b>17</b>	MEATLOAF AU GRATIN POTATOES	<b>18</b>	CHICKEN CACCIATORE SAUTEED SPINACH	<b>19</b>	BEEF TIPS/MUSHROOM GRAVY AND WHEAT ROLL
	PINEAPPLE SALAD		MARINATED VEG SALAD		STEAMED BROCCOLI		APPLE COBBLER		MASHED POTATOES
	HUSHPUPIES		FRUIT COCKTAIL		STRAWBERRIES		WHEAT BREAD		ROASTED ZUCCHINI
	WHOLE GRAIN MUFFIN		CHABATA ROLL		WHEAT ROLL				MIXED BERRIES
	CORN SALAD				CEREAL BAR				BROWNIE
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
<b>22</b>	SALSA CHICKEN BLACK BEANS	<b>23</b>	PHILLY CHEESESTEAK BABY CARROTS	<b>24</b>	CRAB CAKES SWEET POT FRIES	<b>25</b>	SALSBURY STEAK MASHED POTATOES	<b>26</b>	BBQ PORK RIBLET BUTTERNUT SQUASH
	CHEESY CAULIFLOWER		ROASTED POTATOES		SAUTEED CABBAGE		GRAVY		ARTICHOKE SALAD
	MANGO		DICED PEACHES		WATERMELON		MEADOW BLEND		SPICED APPLES
	SPANISH RICE		WHEAT BUN		RICE PILAF		APPLE SAUCE		WHEAT BUN
	COOKIE				WHEAT BREAD		WHEAT ROLL/MUFFIN		
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
	MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE		MILK TEA OR COFFEE
<b>29</b>	CHICKEN POT PIE HARVARD BEETS	<b>30</b>	HAM AND BEANS BROCCOLI						
	BRUSSEL SPROUTS		BLACKBERRIES						
	APPLE JUICE		CORNBREAD						
	VANILLA WAFFERS		CEREAL BAR						
	MILK TEA OR COFFEE		MILK TEA OR COFFEE						
	MILK TEA OR COFFEE		MILK TEA OR COFFEE						

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