


Apri

Aging Ahead Affton Senior Center

314-544-5100 8520 Mackenzie Rd., Affton, MO 63123

2024

Senior Center Activities

Monday		Tuesday	Wednesday	Thursday	Friday
<p>THE SUGGESTED DONATION for SENIOR MEALS is \$5.00.</p> <p>ANY DONATION IS APPRECIATED!!</p>					
<p>1</p> <p>10:00 Bingo 11:30 Lunch 12:30 Music</p>	<p>2</p> <p>11:30 Lunch</p>	<p>3</p> <p>11:15 St. Louis County Library 11:30 Lunch</p>	<p>4</p> <p>10:00 Yahtzee 11:30 Lunch 12:30 Hope Crafters</p>	<p>5</p> <p>10:00 Bingo with Garden Villas South 11:30 Lunch 1:00 Chair Yoga</p>	
<p>8</p> <p>10:00 Bingo 11:30 Lunch 12:30 Music</p>	<p>9</p> <p>11:30 Lunch</p>	<p>10</p> <p>11:30 Lunch</p>	<p>11</p> <p>10:00 Affton Friends 11:30 Lunch</p>	<p>12</p> <p>10:00 Bingo with Caring Hands In Home Care 11:30 Lunch 1:00 Chair Yoga</p>	
<p>15</p> <p>10:00 Bingo 12:00 Support Committee Meeting 11:30 Lunch 12:30 Music</p>	<p>16</p> <p>11:30 Lunch</p>	<p>17</p> <p>11:15 St. Louis County Library 11:30 Lunch</p>	<p>18</p> <p>10:00 Uno 11:30 Lunch 12:30 Hope Crafters</p>	<p>19</p> <p>10:00 Bingo with All Family Care 11:30 Lunch 1:00 Chair Yoga</p>	
<p>22</p> <p>10:00 Bingo 11:30 Lunch 12:30 Music</p>	<p>23</p> <p>11:30 Lunch</p>	<p>24</p> <p>10:00 Music Bingo with Archwell Health 11:30 Lunch</p>	<p>25</p> <p>10:00 Affton Friends 11:30 Lunch 12:30 Hope Crafters</p>	<p>26</p> <p>10:00 Bingo 11:30 Lunch 1:00 Chair Yoga</p>	
<p>29</p> <p>10:00 Bingo 11:30 Lunch 12:30 Music</p>	<p>30</p> <p>11:30 Lunch</p>				